



GloryFit

Heart Rate Edition User Manual 3.0

Model:BW0189

Basic product introduction

1.Appearance introduction



2.Watch strap installation method



Basic Product Operation



1. Hold down the key for 3 seconds to power on or power off.
2. On the home screen, hold down for 3 seconds to switch the dial.
3. Swipe up and down the screen and touch left and right to enter each function.

1. Warning

Please consult your doctor before starting a new sport. Although the smart watch can monitor your real-time dynamic heart rate, it can't be used for any medical purpose. It is only to help people live a healthier life. Remember to consult a doctor before starting any exercise and diet plan.

2. Device requirements

Devices that support Android 5.0, iOS 9.0 and above Bluetooth 4.0. Android 6.0 and above devices need to turn on GPS to use.

3. Charging

If the equipment is not used for a long time, please ensure that it is recharged once every month.

Schematic diagram of magnetic charger:

- A. Please align the magnetic attraction wire with the metal plate of the bottom case, and the magnet will automatically attract and charge the positive and negative poles.
- B. Please ensure that the charging contacts are free of dirt and impurities. If they are wiped clean, otherwise they cannot be charged.
- C. Insert USB into a 5V500MA adapter, and it will be fully charged in 2-3 hours.

Schematic diagram of wireless charger:

- A. Please align the charging base with the bottom case, and the concave surface of the base will automatically align with the adsorption charging.
- B. Ensure that there is no foreign matter adsorbed at the wireless charging position and the bottom of the watch, otherwise it will lead to poor charging.
- C. Insert USB into a 5V500MA adapter, and it will be fully charged in 3-4 hours.

4. The smart watch is connected with the mobile phone.

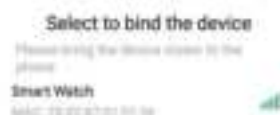
4.1 Smart watch boot: charge or press and hold the smart watch side button for 3 seconds to boot.

4.2 Install the APP: scan the QR code on the right side of the phone, or download and install the "GloryFit" APP in Apple App Store, Google App Store and App Store.



GloryFit CODE

4.3 Connecting Smart Watch with mobile APP: The smart watch is close to the mobile phone, turn on Bluetooth and GPS according to the APP connection wizard, search for "Smart Watch" in the APP and connect it. Set personal information according to APP prompts, allow app to obtain mobile phone permissions, and complete the connection.



4.3.1 Apple Device pairing and connection:

After the smartwatch is connected to the Apple App for the first time, it will prompt "Bluetooth pairing request". Please click "Pairing" to complete the connection. After pairing, notifications can be displayed: Check whether the Bluetooth Settings are connected, enter to check whether the system sharing notification is turned on, and the smart watch can receive notifications such as calls, short messages, QQ, and wechat pushed by the iOS system. Otherwise, you cannot receive alerts.



4.3.2 Android device connection: Android system needs to open the background running permission of app in the settings of mobile phone housekeeper or system (open the self-startup, high power consumption protection, white list, etc. of app, and close the power saving mode of mobile phone, otherwise the APP will be cleared by the system and disconnected from the smart watch.)

4.3.3 Bluetooth for Paired Connection Call

Android devices connect to Bluetooth:



After the APP is connected, the watch turns on the Bluetooth call, and the phone will pop up the call pairing prompt. Click on the pairing to complete the Bluetooth call connection with "Smart Watch".



Some phones require manual access to settings, Bluetooth, search for "Smart Watch (xxx)" and click connect.

Apple devices connect to Bluetooth for calling: (iOS13 and above systems automatically connect to Bluetooth for calling after connecting to APP; and systems below IOS 13 need to manually connect to Bluetooth for calling.)



System under iOS13



iOS13-system and above

After the APP connects the watch, turn on the Bluetooth switch of the watch, then turn on the settings of the mobile phone, Bluetooth, search for Smart Watch(ooo), and click Connect.

4.4 Unbinding

Unbinding Android device: Click Unbinding on the device of app to unbind the smart watch and app.

Unbinding the Apple device: Click Unbinding on the device of the app to disconnect the smart watch from the app; Go to the phone settings-Bluetooth,

Click the exclamation point behind the Bluetooth device Smart Watch, and click Ignore Device in the pop-up dialog box to completely disconnect the smart watch.

5. smart watch function interface

5.1. Smart watches theoretically support iOS9.0 and Android5.0 versions and above. Devices with Bluetooth 4.0 do not support all mobile device models. Please refer to the actual situation.

5.2. This machine is charged with 5V500MA, and it is forbidden to use over-voltage load power supply to cause hardware damage.

5.3. The smart watch battery is built-in and cannot be disassembled. Please do not try to disassemble and replace the battery.

5.4. The use environment of smart watches is 0°C to 45°C; Charging temperature: 0°C to 45°C.

5.5. Please pay attention when wearing. If you have sensitive skin or wear your smart watch too tightly, you may feel uncomfortable.

5.6. When the smart watch is wet, please dry it before charging, otherwise it will lead to failure and corrode the charging contact point.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and

(2) This device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio

communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- - Reorient or relocate the receiving antenna.
- - Increase the separation between the equipment and receiver.
- - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- - Consult the dealer or an experienced radio/TV technician for help.ct.

The device has been evaluated to meet general RF exposure requirement.