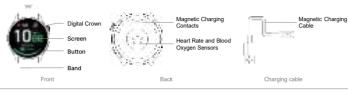
# SmartPace R1 Pro

User Guide

# Your SmartPace R1 Pro



## Steps for Use

You can follow these steps to use SmartPace R1 Pro; (1) Wear  $\rightarrow$  (2) Power On  $\rightarrow$  (3) Set up  $\rightarrow$  (4) Start Using

The following steps will take approximately 5 to 10 minutes, please schedule a suitable time.

#### ① Wear Your Watch

For optimal data accuracy, please observe the following guidelines while wearing the watch:

1. Wear the watch at a position approximately two finger-widths from your wrist bone.

2. For comfort, adjust the band to allow a finger's width between it and your wrist. This ensures both contact and fit.

# 2 Power On

Press the Digital Crown until the startup screen appears.



battery has drained due to long periods of inactivity Please charge it for approximately 10 it to power on automatically.

#### ③ Wear Your Watch

#### Step 1: Download the Fitbeing app.



· For Android phones, go to the Google Pl For iPhone, go to the App Store.



Swipe right

Attentions: 1. To prevent connection issues between the app and the watch, please do not pair directly within the Bluetooth device list in your phone's system settinas.

Open the Fitbeing app and select "Set Up a

Device" on the home page. Follow the

instructions to pair your " SmartPace R1 Pro

Bluetooth. Then you can start using the watch

. To ensure successful pairing, please grant Fitbeing App permissions to access Bluetooth Location, and Camera on your phone.



④ Get Started Rotate the crown Touchscreen Operation Crown and Buttor Support full-screen touch (swipe, tap, touch and hold) Press the digital crown to wake up the screen.
Press the digital crown to enter the app center Press the button from the watch face screen. Swipe up 3. Exit an app.

Step 2: Pair with the App

Rotate Press the button 1. Todale between screens or navigate through menus. 1. Press to start Workout quick' Adjust the volume of prompt tones and phone calls. ond press to activate SO



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## Common Functions



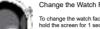
Notification Cent Swipe down on the watch face screen.

in the watch face screen. Enable

Always-on Display, and adjust brightness and volume swiftly.

features like Silent Mode, Sleep Mode,





To change the watch face, press and hold the screen for 1 second to access the watch face gallery.



Change the Watch Face

To change the watch face, press and hold the screen for 1 second to access the watch face gallery.

For outdoor workouts, wait in an open area until the GPS connects. The blinking icon " 🚚 fix and will stop blinking upon success.

#### Health Metrics Measurement

automatically measures health data such as heart rate, sleep, stress, and activity. You can also view and track th data in the application



Gallery page to pick up your preferred watch face. while it is being charged.



To charge the watch, connect the charging cable to a USB power source. Attach the other end to the charging contact on the back of the watch. The watch will display a charging

#### Make sure the USB charging plug is at the same side as the crown

Ensure to use a standard USB power source with an output of 5V=1A or above.

#### Charge the Watch

Remove band 1. Lift the spring bar from the groove. 2. Push and hold the spring bar. 3. Pull it out gently to remove the



#### Install band 1. Insert the metal pin at position "A" in the 2. Push and hold the spring bar. 3. Press the band into the body and release 4. Pull the watch band to confirm the firm

installation.



#### Wear and Care

 It is advised to remove the watch for approximately or hour daily. If you experience discomfort or irritation like redness, tingling, or a burning sensation, take off the watch

 To maintain hygiene, regularly clean your watch and wrist, particularly after workouts and sweating. Avoid using hand soap, shower gel, dishwashing liquid, or cleaning wipes as they can cause skin irritation. Instead, use mild soap and fresh water to clean the band.

Product Name	SmartPace R1 Pro
Display	1.43" HD AMOLED
Resolution	466 x 466
Battery Capacity	400 mAh
Wireless Connection	Bluetooth 5.3
Water resistance garde	3ATM
Satellite positioning	Support GPS\BDS\GAL\GLO\QZS\SBAS
Geomagnetic sensor	Support compass
Air pressure senso	Supports elevation
Body Dimension	46.5mm × 46.5mm × 11.6mm
Working Temperature	0°C ~ 50°C
Compatible Operating Systems	iOS 13.0 and above, Android 9.0 and above

### Design for Comfortable Wearing

The inner sweat grooves of the band are specifically designed to minimize skin irritation resulting from sweat, moisture, and prolonged wear.



#### Precautions

Do not replace the built-in battery yourself as it may pose a safety

· Avoid forcibly opening the watch case, as it may cause short circuits and overheating · Keep the watch away from environments exceeding 60°C t prevent battery leakage or explosion While the product complies with 3ATM waterproof standards, it not recommended for activities such as bathing, diving, or water skiing that involve high temperatures, steam, or rapid water flow. Note that the waterproof performance may be compromised if the product structure is damaged. Be aware that firmware upgrades can lead to interface and usage changes. For detailed information, please refer to the product's upgrade instructions.

#### Help and Guide

#### Frequently Asked Questions If you encounter any problems while usin the product you can access the "Profile ----Help & Support" section in the Fitbeing app for assistance.

Scan the OR code on the right to access or visit help.fitbeing.com for assistance.

#### Product Manual You can find the complete product manual in Fitbeing app at "Profile → User Guide"

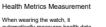
Scan the QR code on the right to access it or visit help.fitbeing.com to brow



switch quickly between the indestions Activity Heart Rate S ather or Workout tiles swine left o nt on the watch face screen







contraction for

Install New Watch Faces

Face Gallery

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Prior to charging, ensure to clean the charging contacts of the watch to eliminate any lingering sweat or moisture.

and rest your wrist.

## Key Specifications

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#### FCC Requirement

Any changes or modifications not expressly approved by the party responsible or compliance could void the user's authority to operate the equipment. his device complies with Part 15 of the FCC Rules. Operation is subject to the llowing two conditions.

1 this device may not cause harmful interference, and 2. this device must accept any interference received, including interference that av cause undesired operation.

lote: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are igned to provide reasonable protection against harmful interference in a idential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off an on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help.product's



This device contains licence-exempt transmitter(s)/receiver(s) that comply wi Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions 1. This device may not cause interference.

cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est

CNR d'Innovation. Sciences et Développement économique Canad applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

1. L'appareil ne doit pas produire de brouillage;

2. L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

