

Taiwan RoHS (for notebook computers and tablets)

單元 Unit	限用物質及其化學符號 Restricted substances and its chemical symbols					
	鉛 Lead (Pb)	汞 Mercury (Hg)	鎘 Cadmium (Cd)	六價鉻 Hexavalent chromium (Cr ⁶⁺)	多溴聯苯 Polybrominate d biphenyls (PBB)	多溴二苯醚 Polybrominated diphenyl ethers (PBDE)
印刷電路板組件	—	○	○	○	○	○
儲存裝置	—	○	○	○	○	○
顯示螢幕	—	○	○	○	○	○
輸入裝置	—	○	○	○	○	○
電源設備	—	○	○	○	○	○
外殼	—	○	○	○	○	○
機械組件	—	○	○	○	○	○
配件	—	○	○	○	○	○

備考1. “超出0.1 wt %”及“超出0.01 wt %”係指限用物質之百分比含量超出百分比含量基準值。
 Note 1: “Exceeding 0.1 wt %” and “exceeding 0.01 wt %” indicate that the percentage content of the restricted substance exceeds the reference percentage value of presence condition.

備考2. “○”係指該項限用物質之百分比含量未超出百分比含量基準值。
 Note 2: “○” indicates that the percentage content of the restricted substance does not exceed the percentage of reference value of presence.

備考3. “—”係指該項限用物質為排除項目。
 Note 3: The “—” indicates that the restricted substance corresponds to the exemption.

單元說明

單元	說明
儲存裝置	泛指硬碟機、固態硬碟、記憶體等
輸入裝置	泛指鍵盤、觸控板、攝影機、麥克風等
機械組件	泛指風扇、散熱器、喇叭、光碟機（選配）等
配件	泛指觸控筆（選配）、耳機（選配）、外接式光碟機（選配）、轉接線（選配）、滑鼠（選配）等

ENERGY STAR model information



ENERGY STAR® is a joint program of the U.S. Environmental Protection Agency and the U.S. Department of Energy aimed at saving money and protecting the environment through energy efficient products and practices.

Lenovo is proud to offer products with the ENERGY STAR certified designation. Lenovo computers, if carry an ENERGY STAR mark, have been designed and tested to conform to the ENERGY STAR program requirements for computers as prescribed by the U.S. Environmental Protection Agency. For a certified computer, an ENERGY STAR mark may be affixed to the product, the product packaging, or displayed electronically on the E-label screen or the power settings interface.

By using ENERGY STAR compliant products and taking advantage of the power management features of your computer, you reduce the consumption of electricity. Reduced electrical consumption contributes to potential financial savings, a cleaner environment, and the reduction of greenhouse gas emissions. For more information about ENERGY STAR, go to <https://www.energystar.gov>.

Other compliance information

This section provides other compliance information of countries and regions about Lenovo products.

Eye comfort (for desktop computers and workstations)

The property of the display in combination with following notes result in reduced eye fatigue and increased comfort.

For tips on how to minimize visual fatigue, please go to <https://www.lenovo.com/us/en/safecomp/> to visit “Minimizing Visual Fatigue”.

Remote control (for selected desktop computers and workstations)

CAUTION:

Do not use rechargeable batteries in this device.

Export classification notice

This product is subject to the United States Export Administration Regulations (EAR) and has an Export Classification Control Number (ECCN) of 5A992.c. It can be re-exported except to any of the embargoed countries in the EAR E1 country list.

Lenovo product service information for Taiwan

委製商/進口商名稱: 荷蘭商聯想股份有限公司台灣分公司
進口商地址: 臺北市中山區樂群三路128號16樓
進口商電話: 0800-000-702 (代表號)

Taiwan precautionary vision statement

警語：使用過度恐傷害視力

注意事項：


- 使用30分鐘請休息10分鐘。
- 未滿2歲幼兒不看螢幕，2歲以上每天看螢幕不要超過1小時。

Keyboard and mouse compliance statement for Taiwan (for desktop computers and workstations)

本產品隨貨附已取得經濟部標準檢驗局認可之PS/2或USB的鍵盤與滑鼠一組

Supplemental information for the Eurasian Union (for selected models)

Назначение	персональный компьютер для личного и служебного использования, для передачи данных, с поддержкой различных профилей подключения (Wi-Fi, Bluetooth и пр.).
Изготовитель	Леново ПЦ ХК Лимитед, 23/Ф Линколн Хаус, Тайку Плэйс 979 Кингз Роуд, Куарри Бэй, Гонконг (Lenovo PC HK Limited, 23/F Lincoln House, Taikoo Place 979 King's Road, Quarry Bay, Hong Kong)
Страна производства	Китай

Наименование и местонахождение уполномоченного изготовителем лица	ООО «Леново (Восточная Европа/Азия)» 143401, Московская область, г. Красногорск, бульвар Строителей, дом 4, корпус 1, помещение VII, тел. +7 495 645 83 38, факс +7 495 645 78 77.
Импортёр	Наименование, адрес импортера и информация для связи с ним указаны на этикетке* на упаковке продукции. *Согласно ГОСТ 2.601-2013 «Единая система конструкторской документации. Эксплуатационные документы», пункт 5.1, подпункт 5.1.2, этикетка является видом эксплуатационных документов.
Дата изготовления (месяц и год)	Указана на этикетке* на упаковке продукции, в графе Date (дата указана в формате год-месяц-дата). Для получения более подробной информации посетите веб-сайт: https://support.lenovo.com
Единый знак обращения на рынке стран Таможенного союза	

Brazil audio notice

Ouvir sons com mais de 85 decibéis por longos períodos pode provocar danos ao sistema auditivo.

Korea radio frequency compliance statement

무선설비 전파 혼신 (사용주파수 2400 ~ 2483.5 , 5725 ~ 5825 무선제품해당)

해당 무선설비가 전파혼신 가능성이 있으므로 인명안전과 관련된 서비스는 할 수 없음

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Regulatory labels

Depending on your country or region, you can find the government-required regulatory information through one of the following methods:

- On a physical label attached to the outside of your computer shipping carton
- On a physical label attached to your computer
- Through an electronic-label screen (E-label screen) preinstalled on your computer

To access the E-label screen, restart the computer. When the logo screen is displayed, press F9, or tap the prompt to enter the Startup Interrupt menu and the Regulatory Information option subsequently.

Korean E-label notice (for selected models)

이 제품은 전자적표시(e-labelling)가 되어 있습니다.

Appendix A. TCO Certified

Selected models are TCO Certified and bear the TCO Certified logo.

Note: TCO Certified is an international third-party sustainability certification for IT products. For details, go to <https://www.lenovo.com/us/en/compliance/tco>.

Appendix B. Accessibility and ergonomic information

This chapter provides information about accessibility and ergonomics.

Accessibility information

Lenovo is committed to providing users who have hearing, vision, and mobility limitations with greater access to information and technology. You can get the most up-to-date accessibility information from <https://www.lenovo.com/accessibility>.

If you need additional support with the accessibility features, go to <https://pcsupport.lenovo.com/supportphonenumber> to find the support phone numbers for your country or region.

Ergonomic information

Good ergonomic practice is important to get the most from your personal computer and to avoid discomfort. Arrange your workplace and the equipment you use to suit your individual needs and the kind of work that you perform. In addition, use healthy work habits to maximize your performance and comfort when using your computer.

Working in the virtual office might mean adapting to frequent changes in your environment. Adapting to the surrounding light sources, active seating, and the placement of your computer hardware, can help you improve your performance and achieve greater comfort.

This example shows someone in a conventional setting. Even when not in such a setting, you can follow many of these tips. Develop good habits, and they will serve you well.



General posture: Make minor modifications in your working posture to deter the onset of discomfort caused by long periods of working in the same position. Frequent short breaks (at least one 10-minute break every hour) from your work also help to prevent minor discomfort associated with your working posture. During these breaks, stand up, move about and stretch your arms, legs, back, neck and shoulders, do eye exercises to reduce muscle and eye fatigue.

Display: Position the display to maintain a comfortable viewing distance of 510 mm to 760 mm (20 inches to 30 inches). Avoid glare or reflections on the display from overhead lighting or outside sources of light. Keep the display screen clean and set the brightness to levels that enable you to see the screen clearly. Press the brightness control keys to adjust display brightness.

Head position: Keep your head and neck in a comfortable and neutral (vertical, or upright) position. To reduce your risk of tiring your eyes by constantly focusing on your screen, look away from your computer at least every 20 minutes and gaze at a distant object (at least 20 feet away) for at least 20 seconds.

Chair: Use a chair that gives you good back support and seat height adjustment. Use chair adjustments to best suit your comfort posture.

Arm and hand position: If available, use chair arm rests or an area on your working surface to provide weight support for your arms. Keep your forearms, wrists, and hands in a relaxed and neutral (horizontal) position. Type with a soft touch without pounding the keys.

Leg position: Keep your thighs parallel to the floor and your feet flat on the floor or on a footrest.

What if you are traveling?

It might not be possible to observe the best ergonomic practices when you are using your computer while on the move or in a casual setting. Regardless of the setting, try to observe as many of the tips as possible. Sitting properly and using adequate lighting, for example, helps you maintain desirable levels of comfort and performance. If your work area is not in an office setting, ensure to take special note of employing active sitting and taking work breaks. Many product solutions are available to help you modify and expand your computer to best suit your needs. You can find some of these options at <https://www.lenovo.com/accessories>. Explore your options for docking solutions and external products that provide the adjustability and features that you want.

Questions about vision?

The visual display screens of notebook computers are designed to meet the highest standards. These visual display screens provide you with clear, crisp images and large, bright displays that are easy to see, yet easy on the eyes. Any concentrated and sustained visual activity can be tiring. If you have questions on eye fatigue or visual discomfort, consult a vision-care specialist for advice.

Low Blue Light (for selected models)

Computer display emits blue light. Blue light, also known as high-energy visible (HEV) light, has the shortest wavelength of visible light (380nm to 500nm), and therefore produces the highest amount of energy. Prolonged exposure to a blue light may cause temporary visual fatigue. This computer is shipped from the factory in low blue light mode, this can help to improve visual fatigue.

Appendix C. Notices and trademarks

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