FCC §1.1310 - MAXIMUM PERMISSIBLE EXPOSURE (MPE)

Applicable Standard

According to 1.1310, systems operating under the provisions of this section shall be operated in a manner that ensures the public is not exposed to RF energy level in excess of the communication guidelines.

Limits for Occupational/Controlled Exposure									
Frequency Range (MHz)	Electric Field Strength (E) (V/m)	Magnetic Field Strength (H) (A/m)	Power Density (S) (mW/cm ²)	Averaging Time E , H or S (minutes)					
0.3- 3.0	614	1.63	(100)*	6					
3.0 - 30	1842/f	4.89/f	(900/f ²)*	6					
30-300	61.4	0.163	1.0	6					
300-1500	/	/	f/300	6					
1500-100,000	/	/	5	6					

f = frequency in MHz

* = Plane-wave equivalent power density

MPE Calculation

Predication of MPE limit at a given distance

 $S = PG/4\pi R^2$

Where: S = power density (in appropriate units, e.g. mW/cm²);

P = power input to the antenna (in appropriate units, e.g., mW);

G = power gain of the antenna in the direction of interest relative to an isotropic radiator

R = distance to the center of radiation of the antenna (appropriate units, e.g., cm);

Frequency	Conducted Output Power	Typical Antenna Gain		Distance	Power Density	Limit
MHz	mW	dBi	numeric	cm	mW/cm ²	mW/cm ²
155	45140	0	1.0	61	0.965	1.0

Radio Exposure Statement:

Using the parameters given in the above calculation, a minimum antenna to person distance of 61 cm is required to meet the limits for occupational/controlled exposure.

Result: Compliance