

版本	版本说明	修改日期	修改人	审核
A	生产	2018/08/30	谢海亮	
品名 说明书 HW706V GYMSmart				
材料 说明书 HW706V 48x92mm 128克铜版纸单色印刷 GYMSmart			产品型号 HW706V 物料编号/文件编号 53.HW706V-0001-01	
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审核	日期	 深圳市汇泰科电子有限公司 Shen Zhen FitCare Electronics Co.,LTD		
核准	日期			

48mm

GYMSmart 心率臂带 Pro
用户手册

1 产品介绍

感谢您使用GymSmart全新心率监测臂带。本产品采用科技生产制造的各项心率监测设备之一，监测到的实时心率数据通过蓝牙或ANT+上传至心率接收设备（GymSmart官方APP或第三方APP设备连接），帮助您科学地管理您的运动强度。本产品采用高品质材料制造而成，请您谨慎使用，并妥善保管。本产品仅用于辅助运动，无法取代任何医学建议。

2 产品配件

3 基本参数

产品尺寸	42.59 * 36.04 * 12.55 mm
产品重量	60 g
电池	可充电锂电池
续航能力	连续使用心率24小时
防水等级	IP67
工作温度	0 ~ 45℃
通讯方式	蓝牙和ANT+

4 功能及操作

开机
a. 当开始运动时，按下开机键，LED蓝灯快速闪烁，待传感器采集到有效心率时，蓝灯闪烁变为慢闪；

关机
停止运动时按下关机键，LED红灯快速闪烁，蓝灯后进入关机状态；

电量

a. 当开始运动时，按下开机键，LED蓝灯亮起，表示设备处于电量充足，需要充电；
b. 本产品采用磁吸式充电，在充电过程中红灯灯亮闪烁，充满后设备指示灯熄灭，此时可以停止充电。

佩戴

运动时，请将测试心率传感器佩戴于肘关节上方臂下方，并保证4指宽的光电传感器紧贴皮肤，切勿因运动晃动造成传感器与皮肤接触不良，否则会影响正常的心率监测。

与APP或微信连接：
1. 在APP或者微信中输入臂带ID
2. 根据APP或者微信的提示开始扫描，并在显示屏中查看您的实时心率。

5 适用范围

本产品由蓝牙4.0、ANT+ 协议驱动的工作，如果需安装无线连接手机或运动手表等外设，请确认该连接的设备具有蓝牙4.0 或ANT+ 功能。

了解更多健身咨询或有问题请随时进行联系，请扫描二维码关注GymSmart官方微信。

6 适用机型

iOS7.0 以上系统版本，iPhone 4s 及以上机型

安卓手机：Android 4.3 及以上版本，并具有蓝牙4.0

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GYMSmart Heart Rate Armband Pro
User Manual

1 Product Introduction

Thank you for purchasing the Heart Rate Armband of GymSmart, this product is one of the heart rate monitors of Dongle Tech, which transmits the real-time heart rate data through Bluetooth or ANT+ to receiving device (GymSmart or WeChat), helping you to manage your exercise intensity scientifically. This user manual will help you to use the product better, please keep it for reference. (This product is for sports only and it is not a substitution for any medical devices.)

2 Product Accessories

3 Basic Parameters

Product size	42.59 * 36.04 * 12.55 mm
Weight	60 g
Power	Rechargeable Lithium battery
Battery life	24 hours for continuous heart rate monitoring
Water resistance	IP67
Working temperature	0~45 °C
Transmission	ANT+ & Bluetooth

NOTES:
1. This device complies with Part 1 of the FCC Rules (Specification subject to the following limitations):
(a) This device may not be used for land mobile radio service.
(b) This device must accept interference without action, including interference from any unlicensed operation.

NOTE: Any change or modification will not be accepted, approval for changes requests for compliance will not be made without written approval for equipment.

4 Function and Operation

Turn-on
Press the start-up button, the LED light will flash blue quickly, indicating the heart rate searching. As the heart rate has been detected, the light will flash slowly.

Turn-off
Press the start-up button when not in use, the LED light will flash red quickly, then enter the shutdown state.

Power

a. When you press the start-up button, if the LED light flashes red several times, it shows that the battery is low and need to be charged.
b. The LED light will flash red and green alternately while charging. After full charge the LED will show green continuously.

Wearing

Wear armband on the upper portion of the forearm. Sensor should be on the inside or top of forearm. It should be worn snug enough not to move on your arm, but NOT so tight that it restricts arm circulation.

Connection with APP or WeChat
1. Add the ID of armband in APP or WeChat.
2. Start training according to the reminder of the APP or WeChat, and check your real-time heart rate in the display screen.

5 Applicable models

System version iOS 7.0 or higher, Model iPhone 4S or above

Android phone: Android 4.3 or above with Bluetooth 4.0

Learn more about those counselling or train with Wechat, please scan the QR code to follow GymSmart WeChat Official Account

The information contained in this manual just for reference. The product described above may be subject to alteration owing to the manufacturer's continuing research and development plans, without making an announcement in advance.