

Smart Watch User Manual



V1.0

Thank you for choosing our smart watch. You can read this manual to get a comprehensive understanding of how to use the device. The device connects to a mobile phone through Bluetooth for adaptive use, provides a variety of practical functions and services, and has developed many functions for human sports and health. This device is not a medical device, and the measurement data and results are for reference only, not as a basis for diagnosis and treatment. The Company reserves the right to modify the contents of this manual without prior notice.

This product supports IP68, rain, hand washing and other wear without worry, after soaking in water, there will be water in the horn hole, please shake the water out, the sound can return to normal; and dry via soft cloth before the operation of the watch.

Note: During hot shower or sauna, should not be worn to prevent vapors. If the watch is damaged by water because of not following the instructions, the company does not make a free warranty.

App Installation

You can use the "scan" function in wechat or browser to scan the "QR code" of the watch and download and install FitCloudPro. You can also download and install FitCloudPro by searching for FitCloudPro in App store, Google Play Store, etc



Watch Connection

QR code connection

After you open the APP, if the dialog box for obtaining permission pops up on the mobile phone, please click Allow to obtain. In the "Device" interface of the APP, click "Add Peripheral now" and select the "Scan" function in the upper right corner of the "Binding Device" interface. The mobile phone can scan the QR code in the "Settings" of the watch. During the pairing process, the connection confirmation button will pop up on the watch and mobile phone. Please click "Allow pairing" to complete the pairing.

Manual connection

after open mobile phone bluetooth, open FitCloudPro and click on the "Device" interface and click on the "Add Peripheral now"and search the nearby bluetooth in the binding device interface, you just need to find the name of the watch (models), click to enter matching, during the matching process, watch and the mobile phone and connection confirmation button will pop up on the watch and mobile phone . Please click "Allow pairing" to complete the pairing.

When you finish the above operations, slide down on the watch face, you will see the color change of the "Bluetooth" icon, and confirm the Bluetooth status through different icons

			
BT Call Connect	BT Call Disconnect	APP BT Connect	APP BT Disconnect

BT Disconnection

In FitCloudPro,Click "Unbind" on the "Device" interface of the APP to unbind the watch. After the APP is unbound, manually enter the Bluetooth connection interface of the mobile phone again, find the name of the paired watch and click "Unpair" (click "Ignore Device" in IOS) to finish the complete unbind.

Note: The health data of the watch will be cleared after unbinding.

Key Manual



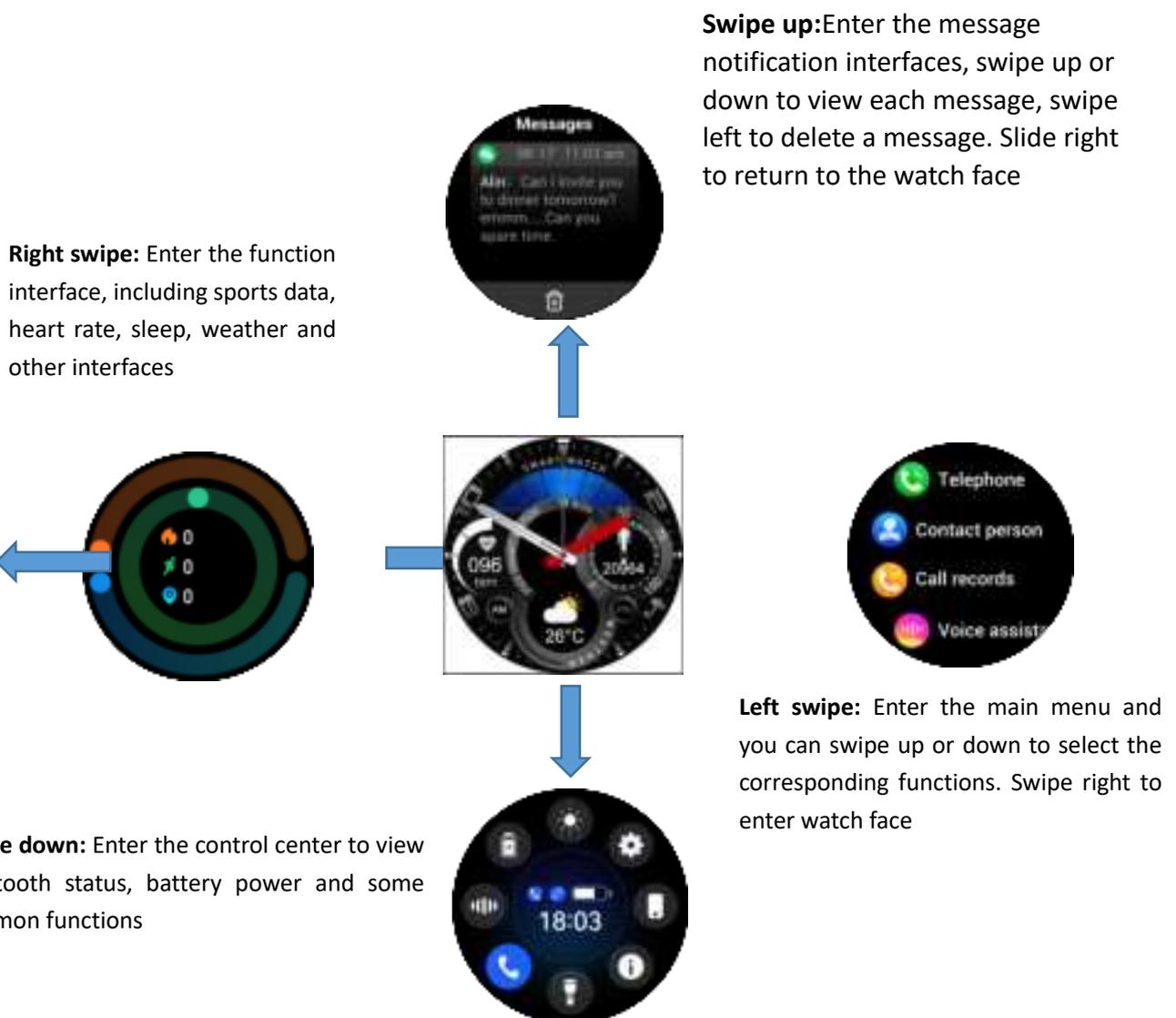
Function key:

1. Press one time to enter the main menu on watch face
2. Quickly press two times to switch the main menu of different styles on main menu
3. Press one time to return to the watch face on other function interfaces.
4. Long press the button for 4 seconds to enter the Siri voice assistant.

Power key:

1. Long press the button for 4 seconds to power on or power off.
- 2, short press to return the watch face and short press again to extinguish the screen.

Swipe Manual



Charging Manual

1. The battery icon of the watch will become red when the battery capacity is less than 20%, the OS will automatically turn off the motor vibration function. If the

power saving mode is enabled, the watch will turn off the bt, reduce the brightness to the lowest, turn off the raise to wake, turn off the automatic detection of heart rate, vibration motor and other functions

2.The watch charging need to use 5V power adapter and it is required to be 5V 500MA or 5V 1A. When the magnetic charging cable is aligned with the charging part of the watch, the watch will automatically attract the charging plug. When charging, the watch will be prompted by the charging interface, and the charging icon will be stationary after being fully charged.

3.because the charging plug is magnetic, it's easy to absorb other conductive metal objects, please timely close the power adapter after the completion of charging, pay attention to the magnetic plug and do not touch other metal objects or be adsorbed on the metal objects, so as to avoid short circuit.

Functions Manual

Call function: This function needs to connect the audio Bluetooth, enter the dialing, you can dial the phone number according to the need; Long press 7 and 9 for two seconds on the keypad to enter * and #.

Common contacts: You need to set and add them in the common contacts bar of the APP. The common contacts you set will be automatically synchronized to the watch. A maximum of 10 contacts can be added.

Call History: This function can save the latest 10 call records.

Voice Assistant: This function requires an audio Bluetooth connection, and can evoke the phone's Siri voice assistant by tapping the voice ball.

Data: Display the data of steps, distance and calories. You can set the target number of steps, distance and calories in the APP.

Sports: including running, walking, badminton, tennis, basketball, table tennis, cycling, yoga, rope skipping, mountain climbing, indoor running, elliptical machine, rowing machine, lazy bike, exercise bike, baseball, rugby, cricket, strength training, etc.

Sports record: It saves your latest 10 history records, and you can view the exercise time, heart rate, calories and other data during exercise.

Heart rate: When entering the interface of heart rate measurement, the green light at the bottom will start to measure. When the measurement is completed in about 40 seconds, there will be a vibration reminder. If the prompt is "not wearing the watch", you need to wear the watch again. Note that the data obtained in this interface is only displayed in real time, and the results will not be saved to the APP side. The data recorded at the APP comes from the monitoring results obtained after the automatic monitoring function is enabled.

Sleep: Display the sleep monitoring status of the day, and the data is updated every day. When connected to the APP, the data can be saved synchronously. The sleep monitoring time is from 9:30 PM of the day to 12:00 AM of the next day.

Blood oxygen: When entering the blood oxygen measurement interface, the red light at the bottom will start measuring and there will be a vibration reminder when the measurement is completed in about 40 seconds.

Weather: After the watch is connected to the APP, the weather interface will display the weather temperature and weather type

Female health: When registering on the APP for the first time, a female health function will be added to the APP after the gender is set as female. After setting the parameters according to the actual situation, the watch will budget the relevant information of female menstruation, pregnancy preparation, pregnancy period and so on.

Music: After connecting the APP, you can control the playing of music in the mobile phone.

Breathing exercises: In breathing exercises, there is a choice between 1 minute and 2 minutes. The user taps the corresponding time for breathing training. After clicking Start, follow the icon in the breathing exercise, zoom in and inhale, zoom out and exhale

Stopwatch: Click the start button to calculate, click the pause button to stop, click another button to reset. During the timing process, click the clock icon on the right to mark the time, and a maximum of 99 pieces of data can be marked.

Timer: The system preset the common time duration. You can click the corresponding time duration to time quickly or click the custom button to set the time. Click the Start button to start the timing, click the pause button to pause the timing, click the reset button to reset the timing to zero.

Alarm clock: After connecting the watch to the APP, you can set a single alarm clock, a cycle alarm clock, and up to 5 alarm clocks.

Always-on clock: After this function is enabled, the time will be displayed on the screen-off, and the watch will increase the power consumption. Please use it according to your own needs.

Q&A

1. Sleep data is not accurate enough

- A. Sleep monitoring simulates people's natural sleep and wake up time, so it needs to be worn normally
- B. If you wear it too late or when you fall asleep, errors may occur
- C. sleep data is not monitored during the daytime, the default sleep monitoring period is 9-30 p.m. to 12-00 a.m. the next day

2. BT is not connected or cannot be connected

- A. Restart the watch and reconnect
- B. Please try to restart the mobile phone BT and connect again
- C. Do not connect the mobile phone to other BT devices at the same time. Try to connect the mobile phone again after untying other devices.

3. Inaccurate measurement of heart rate/blood oxygen

A. Generally, when measuring, it is caused by poor contact between watch sensor and wrist

B. Please pay attention to the full contact between the sensor and the wrist during measurement

C. For people with darker skin and hairy arms, please go to the App to open[Devices-Enhanced measurement]

4. For more questions, please check the App[ME-FAQ].

5.FCC Statement

Changes or modifications not expressly approved by the party responsible for compliance could

void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device,

pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates

uses and can radiate radio frequency energy and, if not installed and used in accordance with

the instructions, may cause harmful interference to radio communications. However, there is no

guarantee that interference will not occur in a particular installation. If this equipment does

cause harmful interference to radio or television reception, which can be determined by turning

the equipment off and on, the user is encouraged to try to correct the interference by one or

more of the following measures:

-- Reorient or relocate the receiving antenna.

-- Increase the separation between the equipment and receiver.

-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-- Consult the dealer or an experienced radio/TV technician for help

This device complies with part 15 of the FCC rules. Operation is subject to the following two

conditions (1) this device may not cause harmful interference, and (2) this device must accept

any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

