

Sleep: Open the "Sleep" application in the watch app to record the

Blood Pressure: After wearing the watch correctly, open the "Blood

Pressure" application in the watch app, you need to measure blood

application in the watch application to display the number of steps,

Stress: After wearing the watch correctly, open the "Stress" app in the

Stock Market: APP "Device" - "Stock Market" - "Add" to jump to the

search page, click the search icon on the top right and enter the stock

World Time: APP "Device"-"World Time"-"Add", you can slide down to

Call mode: Support Bluetooth call, users can make, answer and reject

Music: open the "Music" application in the watch app, you can control

Women's Health: Manage your physiological cycle and get advance

select or click the search icon on the top right to input the region

Notifications: View text messages from your phone and real-time

Camera: Control the camera on your cell phone to take photos

the music player of your cell phone to play music;

Activity: After wearing the watch correctly, open the "Activity"

calories, distance and other parameters of the day's exercise:

watch app to see how much mental stress you have;

sleep condition of the whole night:

pressure manually:

name to search and add;

name to search and add;

warning:

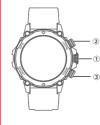
calls directly on the watch;

messages pushed to your watch:

Basic Parameters Product Name: ARG-WT-6080

Main body size: 53*56.70*4.15 mm Watch weight (including strap): 84g Resolution: 466*466(Pixel) Dual Bluetooth one-key link: Bluetooth 5.3+Bluetooth 3.0 Battery capacity: 450mAh Waterproof: 5ATM Device Requirements: Supports iOS 12.0 and Android 5.1 or above

Packing list: Watch x1, Charging Cable x1, User Manual x1



- 1 Power button: Long press to turn on and off the phone; Lock screen status, short press to turn on the screen: Rotate to directly switch dials and pages 2 Motion buttons:
- Short press to enter Motion list
- 3 Function buttons: Short press to enter function list

Sedentary reminder: set up sedentary reminder through mobile APP;

Charging Instructions

risks caused by residual sweat.

Troubleshooting

Heart-rate signal missing The smart watch keeps paying attention to your heart rate data during your exercise and your daily life. Sometimes the watch may not get a suitable heart rate signal. At this time, the missing heart rate data will appear at the dotted line. If you can't get the heart rate signal, first you should confirm that you wear the watch correctly, adjust it to avoid being too high or too low, neither too tight nor too loose on your wrist. After adjustment, turn on real-time heart rate monitoring to get the data. If there is still no heart rate data, check if the heart rate monitoring function is turned on at Argomtechselect

Turn the watch over, align the bottom of the watch with the charging

dock, and the battery icon on the screen will show a full state when it is

fully charged. Before charging, please dry the watch first to avoid other

④ Replacement Strap

Slide the spring-loaded pin and

strap can be removed from the

watch or attach the strap to the

*To get the maximum charging

current and magnetic attraction

dock is aligned with the center

line of the button on the watch)

please refer to the picture for the

right charging angle (the charging

(5) Heart Rate Sensor Zone

& Wireless charging area

Other problems watch is already paired with another phone and unbind it. For

Connecting the watch to your cell phone Argomtechselect (hereinafter referred to as App) is a must-have

application for using the watch. You can manage your watch through the App and experience more functions that the watch brings to you.

- 1. Press and hold the power button to turn on the watch. 2. Scan the QR code on the screen of the watch with your cell phone to download the App. 3, You can also scan the QR code below or download and install the
- App in the App Store, Apple phone users can also search for the App Store to download and install the App. 4. Open the App, click "Device", select "Binding Device" to jump to the
- binding device page to search and bind. Please make sure the Bluetooth names of your cell phone and watch are the same when 5, After successful pairing, you can start to use the watch.



Warning

Bluetooth 5.3

Bluetooth 5.3+3.0

COnnectionless

Bluetooth connection status:

3

the UI interface shows [GPS Synchronization Successful, Click Start] that the GPS connection is successful, the end of the movement can be viewed in the APP movement track.

cause a magnetic field environment):

competition, ball, dance;

GPS: The watch is connected to the phone, in the movement mode,

Compass: support the compass function, the first time you use it, you

need to follow the watch interface prompts, around the eight ring

operation, calibration through the pointer will indicate the current

direction (use the process away from outdoor transformers, away

from TV. away from microwave ovens and other equipment that may

Elevation: Enter the elevation measurement page, it will display the

current elevation, when the elevation deviates from the actual scene,

Heart rate: Put the watch close to the wrist, the best wearing position

in the wrist bone leaning on the arm above, can measure the

Main Function

you can connect the watch to synchronize the APP, after connecting the APP, it will automatically calibrate the elevation, which can make the elevation display more accurate; Barometric pressure: enter the barometric pressure measurement page, the atmospheric pressure will appear, the pressure value of different heights will have different numerical changes; Sports: Support up to 100+ sports modes, fitness, leisure,

real-time heart rate value, the normal value of the general population for 60-90 beats / min: Oxygen: the watch is placed close to the wrist, the optimal position is at the top of the wrist bone against the arm, it can measure the blood oxygen value; 4

NOTE: This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or

-Consult the dealer or an experienced radio/TV technician

transmitter The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure

condition without restriction.









Raise the wrist light screen: mobile APP to open the lift hand to light Find phone: when the watch is connected with APP, the cell phone will make a sound after clicking:

Calculator: Turn on the watch calculator function to make the calculation more convenient and simple: Voice assistant: wake up the voice assistant of the phone: Alarm: you can set alarm clock on the watch, to the point of the pop-up window reminder, you can set up to 5 alarms:

Timer: The watch supports timer:

Weather: connect with APP to synchronize real-time weather display on the watch:

Shortcut menu: Do not disturb mode, Settings, OR code, Audio

switching, Brightness adjustment, Screen always on, Alarm clock; Settings: Adjust brightness, Password, Do not disturb settings,

Language switch, Menu style, System menu, Standby dial, Raise your hand to light the screen, On screen time, About

If the phone cannot pair the watch, check if there is smart watch signal in Settings - Bluetooth, if there is, it means there is no problem with the Bluetooth signal, please check if the IOS system users, you also need to ignore this device in Settings - Bluetooth on the phone, and then pair it again.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any

interference received, including interference that may cause undesired operation Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular If this equipment does cause harmful interference to radio or

- Increase the separation between the equipment and receiver - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

television reception which can be determined by turning the

equipment off and on, the user is encouraged to try to correct

the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.





