



Smart Watch with GPS

User Guide

Parts of the watch



1. Touch screen
2. Power button
3. Side button
4. Charging points
5. Sensor

First Time Use

Charge your watch before using for the first time. You will need to charge it for about 3.5 hours.

Charging steps:

1. Place the watch on top of the dock with the charging points on the back of the watch aligned with the charging pins on the charging dock. It will snap into position once correctly aligned.



2. Plug the USB charging dock into a USB charging adaptor (not included) or a USB port on your computer.
3. Once fully charged (battery icon is full), unplug the charging dock from the charger.

SMART-TIME PRO App

Search for the SMART-TIME PRO app in the app store to download, or scan the QR code below for installation.



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Turn on the Watch



Once the watch is fully charged, press and hold the power button for 5 seconds to turn on the watch. To turn off the watch, press and hold the power button for 5 seconds.

Connect to the App

Open the SMART-TIME PRO app on your smart phone. Once the app is open, follow: Device > Add device and select the first "FW47" from the list.

The watch will display the below screen:



Tap on  to confirm pairing and once connection is successful, the Bluetooth® icon will show .

The Join Fit app supports Android 5.0+ and iOS 11.0+ devices. The watch can only be paired with one device at a time. To pair to another device, please disconnect the current paired device.

Disconnect from the App

Open the SMART-TIME PRO app. Select "Device" and select the paired device and tap "Ok" to disconnect the watch. On iOS devices, you will also need to open the settings menu on your iPhone. Go to Bluetooth settings, tap on the "i" icon on the right side of "FW47" and then tap 'Forget This Device' to finish disconnecting.

Turn On the Screen

To turn on the screen, press the power button or raise your arm if you're wearing the watch. Press the button again to turn off the screen. Raising your arm too quickly/slowly may not turn the screen on.

Note: You will need to turn on the "Flip over" function on the SMART-TIME PRO app for the function to work.

Functions On the Home Screen

- Swipe left to go to the data menu (pedometer/heart rate/sleep monitor). From here, swipe left/right to navigate to different data menu screens.
- Swipe right for the notifications screen.
- Swipe down for the shortcut menu. From here, swipe up to go back to the home screen.
- Swipe up to go to the applications menu. From here, swipe up/down to navigate to the different application menu screens. Press and hold the screen for the watch face selection page. Swipe left/right for different options, then tap the screen again to select.

Note: There are 3 watch faces available.

Functions On Other Screens

- Press the power button to return to the home screen.
- Press the side button to go to the next page and/or confirm the selection.

GPS Functionality

The watch has built-in GPS functionality allowing you to accurately track your distance and other data including altitude and walking/jogging pace.

When a sport mode is selected (see next page), the watch will automatically search for the GPS location and display distance, pace and altitude data.

Applications

Sports

The watch has 10 sports modes: running, walking, cycling, climbing, treadmill, yoga, elliptical, basketball, football and badminton. When an activity has been selected, the watch will display exercise data depending on the mode selected.

Tap on the stop/pause icon when you wish to end or pause the activity.

Heart rate



Tap on the heart rate icon to measure your heart rate.

You can also set automated monitoring time intervals on the SMART-TIME PRO app.

Blood Pressure



Tap on the blood pressure icon to measure your blood pressure.

NOTE: For accurate measurements for both heart rate and blood pressure functions, ensure the following:

- The watch has good contact with your wrist.
- Check that the sensor is clean and there is no dirt or debris covering it.
- The results and measurements of heart rate and blood pressure data cannot be used for medical reference and should be used as a guide only.

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Alarm Clock



Tap on the alarm clock icon to view your alarms. You can set the alarms on the SMART-TIME PRO app and sync it to your watch.

Music



After your device is connected to the watch, while your device is playing music, tap on the music icon to control music by playing/pausing and switching songs on the watch.

Stopwatch



Tap on the stopwatch icon to enter the stopwatch function. Tap the start icon to start timing; the left icon is a single timing record and the right icon is pause. After pausing, tap on the top single timing record to view the records at different times.

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Countdown



Tap on the countdown icon and select the desired time. The watch will light up during the countdown time and once the set time is over, the watch will vibrate.

Remote Capture



Tap on the remote capture icon to use the watch as a camera remote for your phone. When the watch is connected with your phone, open the SMART-TIME PRO app and select Device>Take Photo. Once SMART-TIME PRO app is opened on your phone, tap the icon on the watch screen to take a photo with your phone.

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Find Phone



After connected with the SMART-TIME PRO app, tap on "Find Phone" on the watch; your phone will ring. Tap pause to exit.

GPS Location



Tap on the GPS Location icon to view the current latitude and longitude of your current location. If you are inside a building or underground, this function will not work.

Pedometer



Track the number of steps taken, distance walked and calories burnt.

Sleep Monitor

The sleep monitor will display your sleep data. After synchronising with the SMART-TIME PRO app, you can view more detailed records on your smart phone.

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Settings



Tap on the settings icon to access and change the following settings:

Brightness

Tap on the + or - icons to adjust screen brightness.

Power Off

Select to shut down your watch.

Restore Factory Settings

Restore all settings to the factory state.

About

Display the product name, hardware address and software version.

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Shortcut Menu

Bluetooth

Turn Bluetooth® on/off.

Vibration

Tap to set to vibrate mode.

Do not disturb

Turn on to block incoming calls and notifications.

Low Power

Tap to turn on battery saver mode.

Brightness

Adjust display screen brightness.

Settings

Tap to access settings menu.

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Change The Straps

Turn the watch over (see below), push the top needle knob to the right to take off the original strap, then fit the new strap.

Note: only one strap is included with this product.



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Specifications

Display	1.3", 240 x 240 pixels
Charging time	3.5 hrs (approx.)
Charging base input	5VDC, 200mA
Bluetooth Range	< 10m
Built-In Battery	Li-ion 3.7V 360mAh

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FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. The device has been evaluated to meet general RF exposure requirement.