

RF Exposure Evaluation Report

Product : Sleep Tracker
Trade mark : N/A
Model/Type reference : P103T, P10XT(X can be any Of
1-9 and A-Z)
Serial Number : N/A
Report Number : EED32P80442302
FCC ID : 2ADIOP103T
Date of Issue : Apr. 17, 2023
Test Standards : 47 CFR Part 1.1307
47 CFR Part 1.1310
47 CFR Part 2.1091
47 CFR Part 2.1093
447498 D04 Interim General RF
Exposure Guidance v01
Test result : PASS

Prepared for:

Shenzhen Medica Technology Development Co., Ltd
Floor 12, Block A, Building 7, Vanke Yun city, XingKe one street,
NanShan District, Shenzhen City.

Prepared by:

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2 Version

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4 General Information

4.1 Client Information

Applicant:	Shenzhen Medica Technology Development Co., Ltd
Address of Applicant:	Floor 12, Block A, Building 7, Vanke Yun city, XingKe one street, NanShan District, Shenzhen City.
Manufacturer:	Shenzhen Medica Technology Development Co., Ltd
Address of Manufacturer:	Floor 12, Block A, Building 7, Vanke Yun city, XingKe one street, NanShan District, Shenzhen City.
Factory:	Shenzhen Medica Technology Development Co., Ltd
Address of Factory:	Floor 12, Block A, Building 7, Vanke Yun city, XingKe one street, NanShan District, Shenzhen City.

4.2 General Description of EUT

Product Name:	Sleep Tracker
Model No.(EUT):	P103T, P10XT(X can be any Of 1-9 and A-Z)
Test Model No.:	P103T
Trade Mark:	N/A

4.3 Product Specification subjective to this standard

Frequency Range:	2402MHz~2480MHz
Modulation Type:	GFSK
Test Power Grade:	Default
Test Software of EUT:	SYDTEK Studio Release
Antenna Type:	Chip Antenna
Antenna Gain:	5.05dBi
Power Supply:	Battery DC 3.7V
Sample Received Date:	Mar. 31, 2023
Sample tested Date:	Mar. 31, 2023 to Apr. 10, 2023
Company Name and Address shown on Report, the sample(s) and sample Information was/ were provided by the applicant who should be responsible for the authenticity which CTI hasn't verified. Model No.: P103T, P10XT(X can be any Of 1-9 and A-Z) Only the model P103T is tested. The electrical circuit design, layout, components used and internal wiring are identical,only model name, appearance and color are different.	

4.4 Test Location

All tests were performed at:

Centre Testing International Group Co., Ltd

Building C, Hongwei Industrial Park Block 70, Bao'an District, Shenzhen, China

Telephone: +86 (0) 755 33683668 Fax: +86 (0) 755 33683385

No tests were sub-contracted.

FCC Designation No.: CN1164

4.5 Deviation from Standards

None.

4.6 Abnormalities from Standard Conditions

None.

4.7 Other Information Requested by the Customer

None.

5 SAR Evaluation

5.1 RF Exposure Compliance Requirement

5.1.1 Limits

The SAR-based exemption formula of § 1.1307(b)(3)(i)(B), repeated here as Formula (B.2), applies for single fixed, mobile, and portable RF sources with available maximum time-averaged power or effective radiated power (ERP), whichever is greater, of less than or equal to the threshold P_{th} (mW).

This method shall only be used at separation distances from 0.5 cm to 40 cm and at frequencies from 0.3 GHz to 6 GHz (inclusive). P_{th} is given by Formula

$$P_{th} \text{ (mW)} = \begin{cases} ERP_{20 \text{ cm}} (d/20 \text{ cm})^x & d \leq 20 \text{ cm} \\ ERP_{20 \text{ cm}} & 20 \text{ cm} < d \leq 40 \text{ cm} \end{cases}$$

where

$$x = -\log_{10} \left(\frac{60}{ERP_{20 \text{ cm}} \sqrt{f}} \right)$$

and f is in GHz, d is the separation distance (cm), and $ERP_{20 \text{ cm}}$ is per Formula (B.1).

$$P_{th} \text{ (mW)} = ERP_{20 \text{ cm}} \text{ (mW)} = \begin{cases} 2040f & 0.3 \text{ GHz} \leq f < 1.5 \text{ GHz} \\ 3060 & 1.5 \text{ GHz} \leq f \leq 6 \text{ GHz} \end{cases} \quad (\text{B.1})$$

The 1 mW Blanket Exemption of § 1.1307(b)(3)(i)(A) applies for single fixed, mobile, and portable RF sources with available maximum time-averaged power of no more than 1 mW, regardless of separation distance.

5.1.2 Test Procedure

Software provided by client enabled the EUT to transmit and receive data at lowest, middle and highest channel individually.

5.1.3 EUT RF Exposure Evaluation**For Stand alone:****For BLE**

Frequency (MHz)	Max. Conducted Output power (dBm)	Antenna Gain (dBi)	EIRP (dBm)	ERP (dBm)	ERP (mW)	Limit (mW)	Result
2480	-1.65	5.05	3.40	1.25	1.334	2.717	PASS

Note:

- ① EIRP=conducted power+antenna gain;
- ② ERP=EIRP-2.15
- ③ Only the worst case data was recorded in the report.

The test report is effective only with both signature and specialized stamp, The result(s) shown in this report refer only to the sample(s) tested. Without written approval of CTI, this report can't be reproduced except in full.

*** End of Report ***