



Thank you for purchasing your DistancePro™ GPS Glove! This Quick Start Guide was compiled to guide you through the basic features of the DistancePro and smartphone app. A full user manual is available for download from the following URL:

<http://www.zerofriction.com/distprousermanual>

Please take a moment to confirm that the package contains the following items:

- 1- DistancePro Device
- 2- Compression Fit Technology™ Gloves or 2 Motion-Fit System™ Gloves (depending upon version purchased)
- 1- CR2025 Coin Cell Battery (pre-installed in DistancePro; \*see instructions for replacing battery below)
- 1- Quick Start Guide (Includes Warranty Information)

To replace the battery, use a coin to turn the battery compartment door (img 1.1) counterclockwise until the arrows align, then remove it. Take the old battery out and insert the new battery, making sure the positive side (+) is facing out (img 1.2). Use ONLY the following coin cell batteries: CR2025, 2025, ECR2025, DL2025, BR2025, 280-205, 5003LC, or SB-T14. To reinstall the battery compartment door, align the arrow on the door with the arrow on the case, then use a coin to turn the door clockwise and lock it in place.



img 1.1



img 1.2

The DistancePro provides distances by utilizing the GPS hardware on your smartphone and receiving the data via **Bluetooth®** wireless technology. Prior to golfing, install the Zero Friction™ DistancePro app to your smartphone and make sure Bluetooth is enabled in your smartphone's settings. Note: Upon first activation of the app, you will see a pop-up message requesting permission to use your location. You will need to allow this in order to use the DistancePro app.

**iPhone (iPhone 4s or newer running iOS 9.0 or later)**



**Samsung Galaxy Phones (S4 or newer running Android 4.3 or later)**



## REGISTRATION

After installing the smartphone app, you will need to complete the registration (img 2.1) to begin using the app. This only takes a minute or two to complete, and ensures that you have access to support and other useful resources. Zero Friction takes your privacy seriously and never sells or discloses your information to third parties. Please review the Privacy Policy from the link at the bottom of the app (img 2.1) for full disclosure of how we use your information.



img 2.1



img 2.2

\*Note: Device Product ID is located on the back of the DistancePro (img 2.2).

In order for the DistancePro to provide distances, it must first be paired to your smartphone via Bluetooth. You only need to complete the pairing process once; your phone and DistancePro will pair automatically for subsequent uses. Make sure yours is the only active DistancePro within 30 meters of your smartphone during setup.

To pair your DistancePro to your phone:

1. Power the DistancePro ON by pressing either button. The DistancePro will prompt you to enable Bluetooth on your smartphone (img 3.1), and will search for up to 30 minutes (img 3.2).



img 3.1



img 3.2

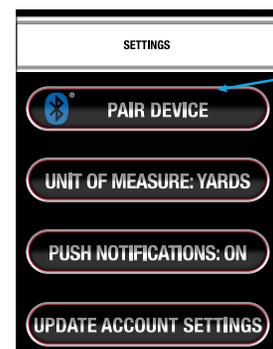
2. Select the "Settings" icon (img 3.3) from the smartphone app's homepage.



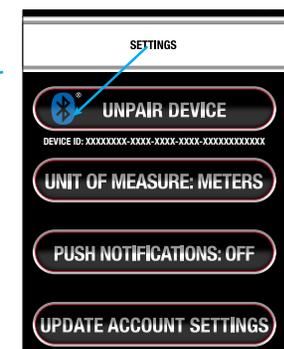
img 3.3

3. From the Settings screen, select the "Pair Device" button (img 3.4). The smartphone and DistancePro will then search for each other. Once they are paired, the app will display the unique ID for your DistancePro (img 3.5).

Note: Bluetooth ID numbers display in different formats on iPhone and Android devices. Format shown below is for iPhone.



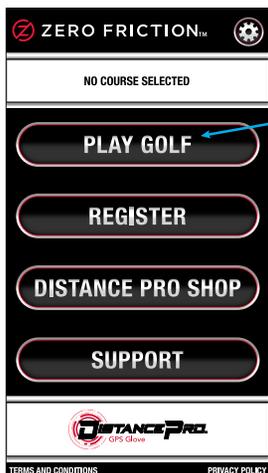
img 3.4



img 3.5

You are now ready to hit the links! See pages 4 -5 for details regarding Golf Features.

Once the DistancePro and the smartphone have been paired, activate Golf Mode by selecting the “Play Golf” button (img 4.1), then select the appropriate course from the list of results (img 4.2).



img 4.1



img 4.2

The smartphone app main screen (img 4.3) provides front, center, and back of the green distances and allows you to track shot distance. The movable target allows you to view distances to any point on a hole for maximum shot-planning effectiveness.



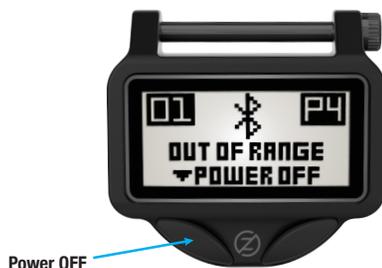
img 4.3

The DistancePro provides front, center, and back of the green distances at a glance, along with hole number and par information (img 5.1). **These distances are based upon your smartphone's location.**



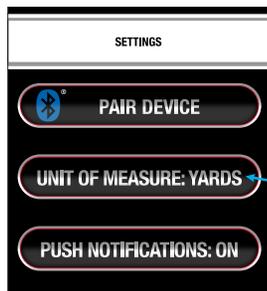
img 5.1

To exit golf mode, simply exit and close the app on your smartphone. When this is done, the DistancePro will display an onscreen prompt (img 5.2). Press the left button to select “Power Off.” If no selection is made after 1 hour, the DistancePro will automatically power off.



img 5.2

Note: By default, the app and the DistancePro will display distances in yards. This can be changed on the Settings page within the app by simply tapping the “Unit of Measurement” button (img 5.3).



img 5.3

The Zero Friction DistancePro is backed by a one year limited warranty. For questions related to warranty, please contact us :

Zero Friction LLC  
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Oakbrook Terrace, IL 60181  
1-877-316-7492  
[distancepro@zerofriction.com](mailto:distancepro@zerofriction.com)

**FCC STATEMENT**

This device complies with Part 15 of the FCC interference limits for Class B digital devices FOR HOME OR OFFICE USE. These limits are designed to provide reasonable protection against harmful interference in a residential installation, and are more stringent than “outdoor” requirements.

Operation of this device is subject to the following conditions; (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device does not contain any user-serviceable parts. Repairs should only be made by an Authorized Zero Friction repair center. Unauthorized repairs or modifications could result in permanent damage to the equipment, and will void your warranty and your authority to operate this device under Part 15 regulations.

FCC Radiation Exposure Statement:  
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without RF striction.

CAUTION  
RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE.  
DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.



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