

User Manual

Product list

The Lefit wristband : 1 PCS
USB Charging clip: 1 pcs
Manual: 1 pcs

Lefit Specifications

Size: 16.6mm (W) *10.7mm (H) ,
139~195mm (perimeter of inside diameter)
Material: watch case:PC, watchband:TPU
Display: OLED, 0.91 inch, 128*32
Sensor: three-axis acceleration sensor
Vibrate Motor: Support
Bluetooth version: 4.0BLE
Battery: 55mAh
Time Display: RTC+ time synchronization
Charging mode: USB clip
Data transmission mode: Both Bluetooth
Weight: About 20g
Waterproof: IPX4

Characteristics of the Lefit



Reset

Please press the button and not release it, until the Lefit is connected to power supply.

Charging your Lefit

1. Please make sure to charge the device first before use it.
2. Please charge your Lefit as picture below, and make sure that the charging hole be connected right. Be careful not to charge in the opposite direction, or it will lead the device be short-circuit or scrap.



3. The Lefit indicates the battery charge level as  when it's charging. If not, pls check whether you charge it in the right way and make sure the USB interface connected in right way.
4. The Lefit can be charged directly via USB(5V). It shows  when full charged. Standby time is 150 hours (depending on your actual usage and situation)
5. Pls do not try to take out built-in battery in case of danger. Please use the Lefit USB charging line for charging. Please keep using and charging it .
6. The Lefit's Bluetooth will be off and cannot sync data when charging.

Applications of the Lefit

1. Android APP

Support Android device with 4.0 BLE, Android system 4.3 and above

Please scan the QR code below, download "Lefit" App to get an better experience.

Or search "Lefit" in the Google play to get the App.



2. IOS APP

Support IOS device with 4.0 BLE, IOS 7.0 and above.

Please scan the QR code below, download "Lefit" App to get an better experience.

Or search key word "Lefit" in the Apple Store to get the app.



Device Initialization

The device will display **SET UP** when you first use it.
Please press the button for more than 3 seconds until time displays on the screen, that means the initialization is completed.

How to use Android APP and IOS APP

Sports

Main function: upload sports and sleep data, sync time, check steps, distance, calories, and battery usage state for every day, every week and every month.

You can upload data, sync time and check battery usage state all by Synchronisation the Lefit with your phone

When using the Lefit for the first time, pls synchronise it by App for pairing Lefit with your phone.

1. Activate Bluetooth, internet on your phone, open the App, register it and then you'll see the main interface, click  in the Sports interface.
2. Quickly press the button of Lefit to light screen (do not hold the button for a long time, in case it will switch into Sleep mode),
3. The App will display **SYNCING** when in syncing until it's 100% completed.
4. The first time synchronisation means reset for the Lefit, so after this down, all existed data will be cleared of wristband.

Remarks: Please synchronisation your phone with Lefit everyday before 0 clock, because data of Lefit will be cleared automatically at the time daily.

How to check steps, distance, calories and sleep data by App

1. Click the The triangle icon  to choose a date which you need to check, then click steps, distance, calories, sleep for detail data check at that day.

2.   The user can also choose "Day" "Week" "Month" to check the data statistics.

Reminder

Main function: create, add, modify, update and delete a reminder

How to create a reminder

Click  to choose a reminder's time and type; To choose the reminder's happen date by "self-defined repeat"; Click  to save the reminder.

Remarks: 20 reminders could be created at most.

Reminder Modification

1. How to modify an reminder's mode

In the interface , click  in one of the reminders to turn on or turn off the reminder. When there is icon  in the reminder, the device will remind you by vibration following the settled time. Otherwise, it will not remind you.

2. How to modify an reminder's content

Please click **Edit** in the  main interface , then click the  to modify the reminder content. How to operate you can refer to 1.

3. How to delete an reminder

Click the Edit **Edit** , then click the item's left side 

Setting

My profile

User can set the username, change email account and the password in here. Please set your personal information of Birthday, Gender, Height, Weight to make the data more accurate. Also you can change the measurement unit of Height and Weight. Click the save once finishing, return for 

Goals

Set the goals of steps, distance, calories and sleep by rolling up and down, click the Done for confirmation, or click the Cancel for reset. Click Save once finishing.

Preset sleep

Click on Preset sleep to enter your desired bed and wake up time automatically. Close it, the device will not enter the sleep mode automatically.

Time format

Time format can be 12H or 24H .

Log out

Click log out can quit the account, or change to other account.

Display mode

Set up

Once reset the device or for the first use, it will shows **SET UP** .

Activity mode

Interfaces of activity mode are as following:

1. Time, date, battery **14:59 09/09** ;
2. Steps **5118 518** ;
3. Distance **2.11 km** ;
4. Calories **118 kcal** .

It will display the data and reminder you once finishing targets under the activity mode. Lighten the display by pressing the button can open the device Bluetooth.

The device will record the intraday data, data will be zero clearing on 24:00 automatically.

■ Sleep mode

Sleep mode will be shown as below:

1. Time, date, battery  ;
2. Sleep  ;

It will record the users' sleep status under the sleep mode.
And it will close the reminder of steps and Bluetooth.

■ Switch of activity mode and sleep mode

Press the button for 3s under the activity mode, it will vibrate you and enter the sleep mode  . Switch the activity mode in the same way.

User can exit sleep mode by pressing the button for 3s, or it exits according to user activity automatically.

Device shows and records the data as long as switching the relevant mode.

■ Notification

■ Message Notification

1. Calendar event notification  ;
2. Social media notification  ;
3. Email notification  ;
4. Missed calls reminder  ;
5. Calls reminder  ;

Caller's name saved in your phone of English word could be showed in screen, otherwise only the telephone No. will shows.

6. SMS reminder  ;

7. Bluetooth disconnection reminder  .

Charging Reminder

When the device battery is low up to 10%, it will show  and vibrate you. You can not operate the device when it under the low power.

Time sync

Before set up the device, if charge the device when the power run out, it will show PLS SYNC TIME once take out of the charging clip. Please connect with the mobile phone and sync time.

Memory full reminder

Once the device memory up to 80%, it will vibrate to alarm you.

Sync data reminder

When the device need to sync data, battery is going to run out, or memory is full up to 100%, it will vibrate you when you lighten the device.

Achieved goals reminder

Once you hit one of your daily goal, it will gently vibrate and display "achieved".

Event reminder

Once hit the event reminder, the device will vibrate you and show the icon as below:

sport  SPORT ;

sleep  SLEEP ;

eat  EAT ;

medicine  MEDICINE ;

wake up  WAKE UP ;

user-defined  REMINDER ;

Once you hit the reminder, press the button to confirm it, if not, it will vibrate you after two minutes.

Remarks

1. Please charge the device in time when it shows low power, and please use our standard charging clip.
2. Please do not put the device in damp environment and rainy when charging.
3. Please do not put the device into too high or too low temperature.
4. Please do not put the the device into the direct sunlight place for a long time.
5. Please do not close to the fire.
6. Please do not let your device touch any sharp objects
7. Please do not misuse the device such as, do not fall, dismantling, extrusion, puncturing, baking, burning, etc.
8. Please do not clean the device by abrasive cleaning.
9. Please do not give it to children, small parts may cause choking.

FCC Caution.

§ 15.19 Labelling requirements.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

§ 15.21 Information to user.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

§ 15.105 Information to the user.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

*RF warning for Portable device:

The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition without restriction.