


品名:	El Toro说明书		85g哑粉纸 四色 双面印刷
版本:	2020-08-11 V1	规格:	24P 骑马钉
制作:	王润婷		成品尺寸: 75x120mm
料号:	SM-SH-El Toro-V1		

El Toro

Smart Watch

User Manual




Thank you for purchasing our products. This manual addresses the safety guidelines, warranty, and operating instructions. Please review this manual thoroughly before operating your device.

Table of Contents	
English Version	1
Getting Started	1
What's in the box	1
What's in this document	1
Setting up Your Watch	1
Charging your watch	1
Disassembling / Assembling Your Watch	2
Wearing Your Watch	4
Using Your Watch	5
Smart Phone System Requirements	5
App Interfaces	6
Pairing the Watch with Your Phone	7
Getting to Know Your Watch	8
Touch Key	8
Waking a Dimmed Screen	9
Watch Interfaces	9
Function Introduction	9
1. Customize Your Home Screen	10
2. Tracking Daily Activity Data	10
3. Monitoring Heart Rate	10
4. Tracking Sports: Outdoor Walking	11
5. Tracking Sports: Outdoor Running	12
6. Tracking Sports: Outdoor Cycling	12
7. Setting Alarms	13
8. Tracking Sleep	14
9. More Functions	14
9.1 Relax	14
9.2 Stopwatch	14
9.3 Call Notification	15
9.4 Message Notification	15
9.5 Sedentary Reminder	15
Basic Specifications	15
FAQs	16
Warranty	18
Important Safety Instructions	18




3) Hold the touch key for 2 seconds to exit.

The following data is displayed after the exercise is ended; tap the touch key to flip through exercise data:




Notes:

• You can also use your phone's GPS to track your pace and distance during walks, hikes, runs or rides while mapping out your run or walk on your phone.

• In the app, tap  and  to enter running mode directly or tap  to choose another sports mode. After entering running mode, the app will track and map your run distance (using your phone's GPS). After the exercise, you can effortlessly check your exercise data both on the app and the watch.

8. Tracking Sleep

The watch automatically tracks your sleep duration (Deep Sleep, Light Sleep, and Awake Hours) and consistency with a comprehensive analysis of sleep quality data so you can see your sleep trends and improve your routine. You can check your detailed sleep data in the app.




9. More Functions

1) Tap the touch key on the watch to choose "More" interface and hold the touch key to enter.

2) Hold the touch key to enter "Relax" mode.

3) Follow the instructions on the screen to relax yourself.



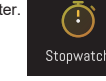
9.2 Stopwatch

1) Tap the touch key on the watch to choose "More" interface and hold the touch key to enter.

2) Tap the touch key to choose "Stopwatch" interface and hold the touch key to enter.

3) Tap the touch key to start / pause timing.

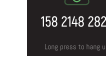
4) Hold the touch key to exit.



9.3 Call Notification

When there is an incoming call, the watch vibrates to alert you, and the screen displays the caller ID.

Hold the touch key to reject the call.



7. Setting Alarms

1) Go to the "Device" page in the app and tap "Alarm Alert".

2) Tap "+" to add an alarm.

3) Tap the alarm, then set the alarm type, repeat type and time.

4) Tap "√" to save your settings.

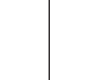
Notes:

• Only when "Call alert" is enabled in the app ("Device" page -- "Call Alert") will calls be notified. (After enabling / disabling the Call Alert function, tap "√" to save your settings.)

• When "Non disturb mode" is enabled in the app ("Device" page -- "More" -- "Non disturb mode"), calls will not be notified on the watch during the Non-disturb-mode period.

9.4 Message Notification

When messages (like Facebook, Twitter, and Instagram messages) come in, the watch vibrates to remind you and the screen displays the message content.



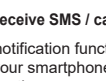
Notes:

• Only when "SMS Alert" is enabled in the app ("Device" page -- "SMS Alert" -- "Allow notification"), will messages be notified. (After enabling/disabling the SMS Alert function, tap "√" to save your settings.)

• When the "Non disturb mode" function is enabled in the app ("Device" page -- "More" -- "Non disturb mode"), messages will not be notified on the watch during the Non-disturb-mode period.

9.5 Sedentary Reminder

The watch vibrates to remind you to get up and move around when you have been sitting too long ("Device" page -- "Sedentary Alert", enable the Sedentary Alert function and set the remind interval.)



Basic Specifications

Model No.: El Toro

Sync: Bluetooth 4.2

Screen: 1.3" TFT LCD

Battery Capacity: 210mAh

Working Voltage: 3.8V

Working Temperature: -10 °C to 40 °C

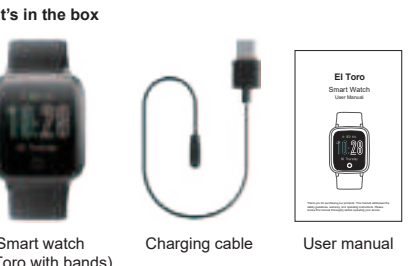
Weight: 1.95oz (31g)

Waterproof Rating: IP68

Working Time: about 10 days

Getting Started

What's in the box



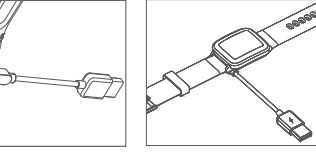
What's in this document

This manual gets you started quickly with setting up your watch. Setup ensures that your watch can synchronize its data with the VeriFiPro app, where you can get detailed information on your stats, view historical trends, log sleep, and more. As soon as setup is complete, you're ready to start moving. The remainder of the manual walks you through every function on your El Toro.

Disassembling / Assembling Your Watch

1. To remove the wristbands, turn over the watch and find the quick-release lever.

2. While pressing the quick-release lever inward, gently pull the wristband away from the watch to release it.



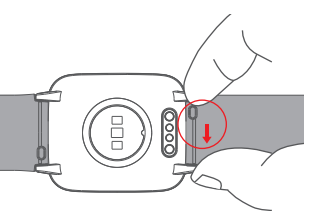
Charging your watch

Please fully charge your watch before initial use.

1. Insert the USB plug of the charging cable into the USB port on your computer or a UL-certified USB wall charger.

2. Hold the other end of the charging cable near the port on the back of the watch until it attaches magnetically.


3. Make sure the pins on the charging cable lock securely with the port. The connection is secure when the watch vibrates and the battery icon with percent charged appears on the screen.



Wearing Your Watch

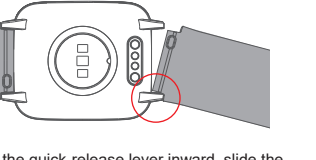
All-day wear and exercise

For all-day wear when you're not exercising, wear the device on your wrist horizontally, a finger's width below your wrist bone and lying flat, the same way you would put on a watch.

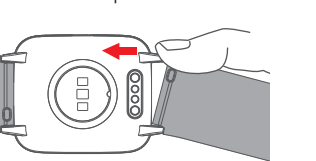


Assembly

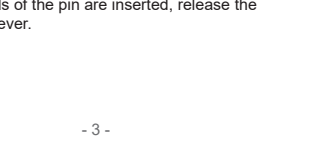
1. To reattach the wristbands, slide the pin (the side opposite the quick-release lever) into the notch on the watch. Attach the wristband with the clasp to the top of the watch.



2. While pressing the quick-release lever inward, slide the other end of the wristband into place.




3. When both ends of the pin are inserted, release the quick-release lever.



Using Your Watch

App Installation

Use the watch with our customized VeriFiPro app. You can download VeriFiPro from Apple Store / Google Play or scan the QR codes below to download.



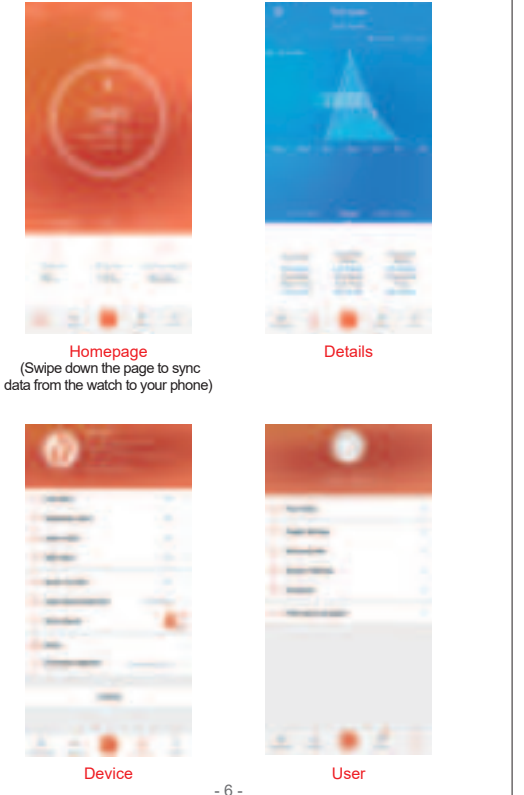
Smart Phone System Requirements

• iOS 8.0 & above

• Android 4.4 & above

• Bluetooth 4.0 & above

App Interfaces



Getting to Know Your Watch

Touch Key

After the watch is bound to the app, the main screen will display the time as shown in Fig. 1. You can customize the main screen.


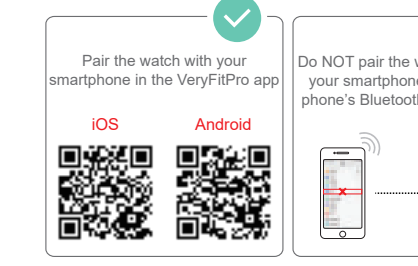


Fig. 1

Pairing the Watch with Your Phone

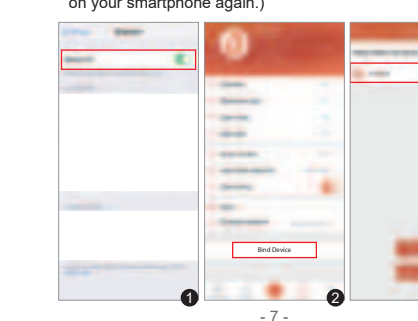
Please pair the watch with your phone in the VeriFiPro app, NOT in the Bluetooth settings of your phone.



1. Enable the Bluetooth of your smartphone.

2. Open the VeriFiPro app on your smartphone and go to the "Device" page, tap "Bind Device", then your smartphone starts searching devices.

3. In the list of found devices that appear on your smartphone, tap "El Toro" to connect the watch to your smartphone. (If your phone failed to find El Toro, please search the watch on your smartphone again.)



Notes:

• The watch can only pair with one smartphone at a time. When pairing, please ensure the watch and your smartphone is within 0.5 meters distance.

• Once the watch is connected to your app, the watch will automatically search and reconnect itself if the connection is lost or when Bluetooth is restarted after manual disconnection.

• If the watch is unbound from the app, the app cannot get data from the device and the information on the watch will be reset. Please do not unbind the connection unless there is an issue that will require a reset.

Waking a Dimmed Screen

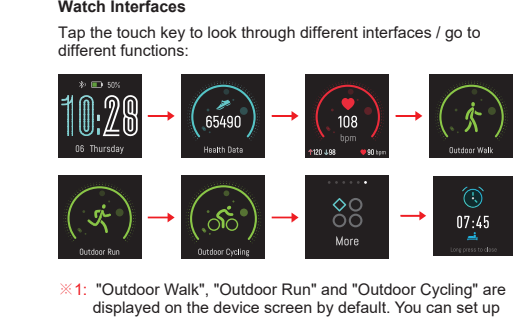
To conserve power, the watch has a standby mode in which the screen turns off. To wake the screen, please follow the following steps:

• Turn your wrist towards you, and the screen will display time.

• Tap the touch key, and the watch will display the main screen.

Watch Interfaces

Tap the touch key to look through different interfaces / go to different functions.



Notes:

• "Outdoor Walk", "Outdoor Run" and "Outdoor Cycling" are displayed on the device screen by default. You can set up to 3 different sports modes from "11 sports modes to display on the device screen (Go to "VeriFiPro" APP --> "Device" --> "More" --> "Activity mode" play)".


• "Alarm Mode" is displayed on the watch screen only when alarm alert(s) is / are added and enabled in the app ("Device" page --> "Alarm Alert").

Function Introduction

1. Customize Your Home Screen

You can also use the home screen by following the steps below:

1) Tap and hold the touch key.

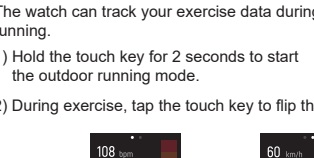


Tracking Sleep

The watch can track your exercise data during running.

1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.

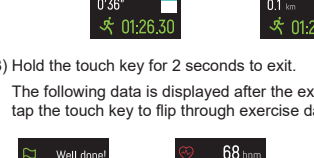


5. Tracking Sports: Outdoor Running

The watch can track your exercise data during running.

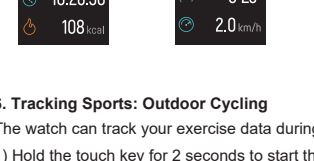
1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.



3) Hold the touch key for 2 seconds to exit.

The following data is displayed after the exercise is ended; tap the touch key to flip through exercise data:




6. Tracking Sports: Outdoor Cycling

The watch can track your exercise data during cycling.

1) Hold the touch key for 2 seconds to start the outdoor cycling mode.

2) During exercise, tap the touch key to flip through exercise data.

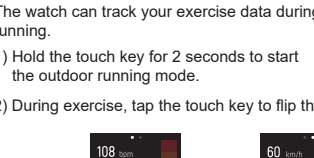


Tracking Sleep

The watch can track your exercise data during running.

1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.

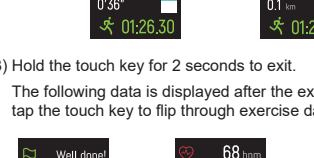


5. Tracking Sports: Outdoor Running

The watch can track your exercise data during running.

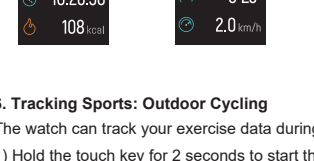
1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.



3) Hold the touch key for 2 seconds to exit.

The following data is displayed after the exercise is ended; tap the touch key to flip through exercise data:




6. Tracking Sports: Outdoor Cycling

The watch can track your exercise data during cycling.

1) Hold the touch key for 2 seconds to start the outdoor cycling mode.

2) During exercise, tap the touch key to flip through exercise data.

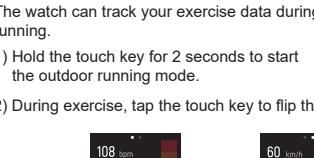


Tracking Sleep

The watch can track your exercise data during running.

1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.

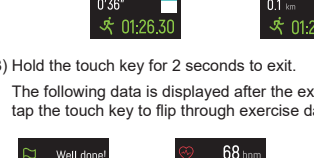


5. Tracking Sports: Outdoor Running

The watch can track your exercise data during running.

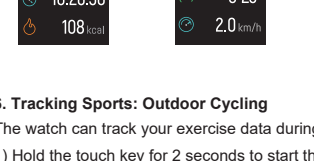
1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.



3) Hold the touch key for 2 seconds to exit.

The following data is displayed after the exercise is ended; tap the touch key to flip through exercise data:




6. Tracking Sports: Outdoor Cycling

The watch can track your exercise data during cycling.

1) Hold the touch key for 2 seconds to start the outdoor cycling mode.

2) During exercise, tap the touch key to flip through exercise data.

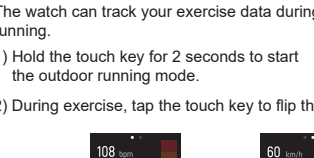


Tracking Sleep

The watch can track your exercise data during running.

1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.

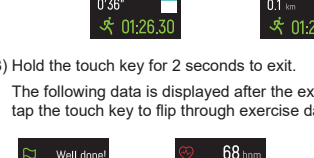


5. Tracking Sports: Outdoor Running

The watch can track your exercise data during running.

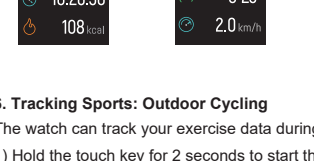
1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.



3) Hold the touch key for 2 seconds to exit.

The following data is displayed after the exercise is ended; tap the touch key to flip through exercise data:




6. Tracking Sports: Outdoor Cycling

The watch can track your exercise data during cycling.

1) Hold the touch key for 2 seconds to start the outdoor cycling mode.

2) During exercise, tap the touch key to flip through exercise data.

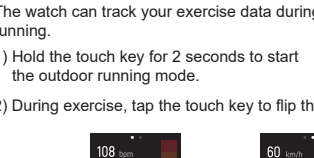


Tracking Sleep

The watch can track your exercise data during running.

1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.

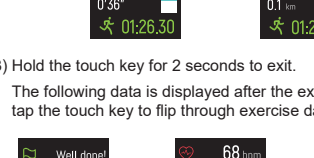


5. Tracking Sports: Outdoor Running

The watch can track your exercise data during running.

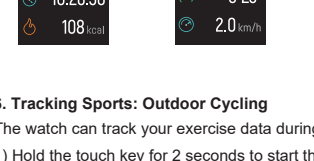
1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.



3) Hold the touch key for 2 seconds to exit.

The following data is displayed after the exercise is ended; tap the touch key to flip through exercise data:




6. Tracking Sports: Outdoor Cycling

The watch can track your exercise data during cycling.

1) Hold the touch key for 2 seconds to start the outdoor cycling mode.

2) During exercise, tap the touch key to flip through exercise data.

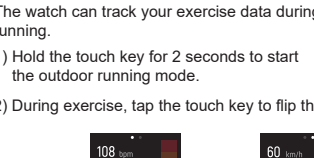


Tracking Sleep

The watch can track your exercise data during running.

1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.

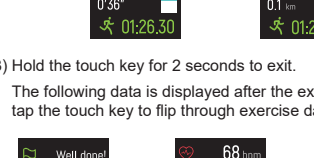


5. Tracking Sports: Outdoor Running

The watch can track your exercise data during running.

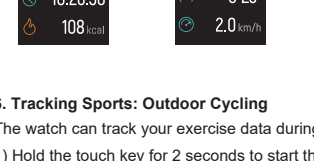
1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.



3) Hold the touch key for 2 seconds to exit.

The following data is displayed after the exercise is ended; tap the touch key to flip through exercise data:




6. Tracking Sports: Outdoor Cycling

The watch can track your exercise data during cycling.

1) Hold the touch key for 2 seconds to start the outdoor cycling mode.

2) During exercise, tap the touch key to flip through exercise data.

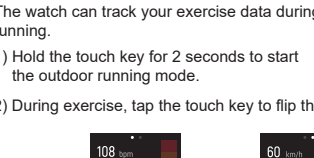


Tracking Sleep

The watch can track your exercise data during running.

1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.

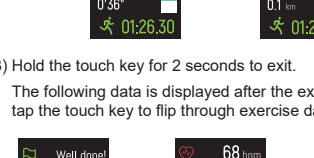


5. Tracking Sports: Outdoor Running

The watch can track your exercise data during running.

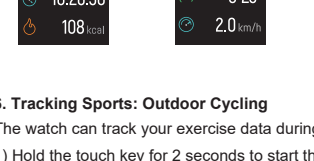
1) Hold the touch key for 2 seconds to start the outdoor running mode.

2) During exercise, tap the touch key to flip through exercise data.



3) Hold the touch key for 2 seconds to exit.

The following data is displayed after the exercise is ended; tap the touch key to flip through exercise data:




6. Tracking Sports: Outdoor Cycling

The watch can track your exercise data during cycling.

1) Hold the touch key for 2 seconds to start the outdoor cycling mode.

2) During exercise, tap the touch key to flip through exercise data.



- 13 -

- 14 -

- 15 -

- 16 -

- 17 -

- 18 -

- 19 -

- 20 -

- 21 -

- 22 -

- 23 -

- 24 -

- 25 -

- 26 -