Gr Rest & Sleep	Rest & Sleep	A program designed to provide a mild massage that is great for deep relaxation. This is the program to help improve the quality of lunch break and sleep. The mild massage kneads body parts from heavy strength to light one, from light to no strength to help soothe tired body gradually. Product features front and rear swing function that takes you into the fantasy space swinging state and a thorough relaxation, best used before going to sleep.
That	Thai Stretch	This massage will stretch your calf muscles and hamstrings with a combination of gentle tapping, kneading, rolling, and air compression. This massage is inspired from Thai Massage, the strong kneading and stretch of the body can effectively stretch legs, it's the best choice to relax tired muscles and increase physical vigor.
Gentle	Gentle	A full body gentle massage includes Kneading and Heating, designed for daily use.

Athletic	For Athletics	An auto programme generated by the system, focus on the tension points collected from athletics, especially promote the body circulation system to improve the muscle recovery after exercise.
Vertebral	Full Back Massage	A full body massage, mainly focus on your full back with a deep massage that includes air compression to relieve the symptoms of lumbar spine pain.
For Her	For Her	A full body gentle massage includes Kneading and Heating, specially designed for female.
For Him	For Him	A full body strong massage includes Kneading, specially designed for the male.
Neck & Shoulders	Neck & Shoulders	A full body massage, mainly focus on your neck and shoulders with a slow massage that incorporates soothing heat to relieve neck and back pain symptom. The curve design of the chair backrest makes the massage rollers completely fit the shoulders and the neck, which can effectively relieve fatigue and stiffness.



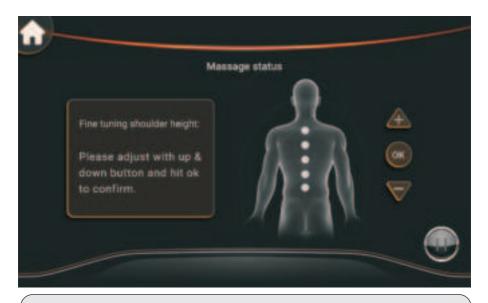
Lower Back, Waist and Hips A full body massage, mainly focus on your lower back, waist and hips with a deep massage that includes air compression to relieve full body pain.

Backrest Scanning Instructions

A body scan is performed every time the power is on and the user selects an Auto Mode, it is designed to ensure an accurate and personalized massage for every individual. After the power is on, sit on the chair slowly with your back against the chair back, your head against the pillow so the massage sensors can detect your Shoulder Height and the whole back position.

The Tablet Control gives beep sounds when completing a body scan. When micro-adjustment is needed, just touch Roller up/down $\overbrace{}$ $\overbrace{}$ $\overbrace{}$, then $\overbrace{}$ $\overbrace{}$ to start massage. Make sure the body scan is finished correctly for the best massage.

Once body scan in completed, it will skip to the massage status page without further actions.



Note:

Heating, foot rollers can be turned on/off manually during any auto mode, see below.

^	W	AIST & HIP	,	
		Massage status		
	(15:00			2
	SSS Heat	ing	J	
$\mathbf{\circ}$	o rollers			Roling
	8	\$ \$ \$	00	~

4. MANUAL MASSAGE PROGRAMS

6*2 massage functions on demand.

Kneading, Shiatsu, Swedish, Knocking, Tapping, Rolling.

- Touch to choose a manual massage function for a full back massage at medium strength.
- Manual setting modes can not be combined with other modes.
- The default setting is spot-specific massage with medium width.
- Speed and width are adjustable by touching relative keys.



KEYS	DESCRIPTION	GUIDELINES
	Roller Spot/	Touch Spot to activate localized Spot Massage while the original massage mode continues to run at the latest position.
Partici	Partial Massage	Touch Partial to activate Partial Massage, rollers take the latest massage spot position as the center, and will travel approximately 3 inches up or down. Only effective under manual massage mode.
1	Full Back Roller	Full Back Massage.
With	Roller Width	Every touch will change the massage width interval in the sequence of WIDE>MEDIUM>NARROW. Only effective under manual massage mode.
	Roller Up or Down	Up or down adjustment.

5. ADJUSTMENTS

Legrest Angle Adjustment

Backrest Angle Adjustment



Zero-gravity is based on the NASA space capsule relaxation theory. Using the back, seat, and the leg rest, the chair puts the heart and knee at the same level, reducing the blood circulation pressure. Not only that, but all the gravitational forces can be dispersed to the massage chair, reducing heart and spine pressure.

Zero Gravity Angle Adjustment				
KEYS	DESCRIPTION GUIDELINES			
Leg up	Angle Adjustment	Leg Up Long-press this button, the legrest will move up to the top position, release this button, legrest stops moving.		
Leg down	Key for Legrest	Leg Down Long-press this button, the legrest will move down to the lowest position, release this button, legrest stops moving.		
Back up	Angle Adjustment	Back Up Long-press this button, the backrest will move up to the original position, release this button, backrest stops moving.		
Back down	Button for Backrest	Back down Long-press this button, the backrest will move down to the lowest position, release this button, backrest stops moving.		
08 1 3	Zero Gravity Function Control	Touch this button to activate the zero gravity position, and choose from Zero Gravity mode1, Zero Gravity mode 2 and Zero Gravity mode 3.		

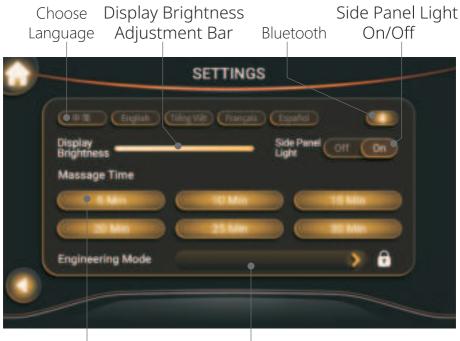
Other Adjustments

KEYS	DESCRIPTION	GUIDELINES
Roller Intensity	Roller Intensity	SLOW / MEDIUM / FAST Only effective under manual massage mode.
Kneading Speed	Kneading Speed	5 levels kneading speed adjustments.
Tapping Speed	Tapping Speed	5 levels tapping speed adjustments.
Air Intensity	Air Intensity	5 levels tapping air intensity adjustments.

Sounds,Volume,Bluetooth,Touch-tone selection

n				SOUND	S	
	Na	ture sounds		Sound Off		
	ø	White Noise	G	Air Plane	Bluetooth	ON
	ø	Ocean Surf		Car Ride	Touch-tone	ON
	ø	Crickets		Fireplace		
		Rain		Thurderstom	Volume	
		Nature		Windy Night		
			_		_	
_						

6. SETTINGS



Massage Timer Engineering Mode

BLUETOOTH INSTRUCTIONS

Play Mobile Music/Bluetooth speaker:

Turn on Bluetooth of mobile, then select Bluetooth device of massage chair (**MC1810**). Once paired, it can act as speaker when mobile phone is playing music. (Remarks: No Password)

GROUNDING INSTRUCTIONS

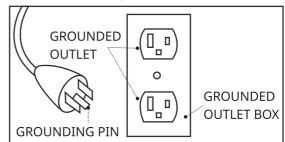
This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER - Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded.

Don't modify the plug provided with the product - if it does not fit the outlet; have a proper outlet installed by a qualified electrician.

This product is for use on a nominal 120-volt circuit and has a grounding plug that looks like the plug illustrated in sketch A in the following figure. Make sure that the product is connected to an

outlet having the same configuration as the plug. No adapter should be used with this product.



Earthing

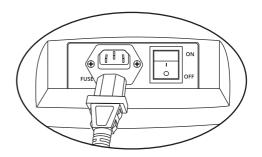
This massage chair belongs to Level One electrical appliance, make sure to use three-core power supply socket and to guarantee the ground wire connected to the power supply socket has obtained good ground connection to avoid electric leakage, electric shock and some other negative effects during use.

ON/OFF INSTRUCTIONS

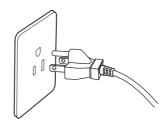
- Make sure that the chair is in its original position before using.
- Before sitting down, make sure there is nothing pinched between the armrest, rest, backrest and the seat of the chair.
- Make sure there are no children, pets or anything else within the range of the backrest to avoid unexpected injury or property loss.
- When adjusting the backrest, be careful of the gap between the backrest and armrest.
- Empty pockets and remove all your arm jewelry and watch before using this chair.
- When the footrest is moving, please do not stand up or leave from the seat, don't stop the legrest from moving to avoid damage to the chair.

ON

• Plug the cord into the power supply socket.

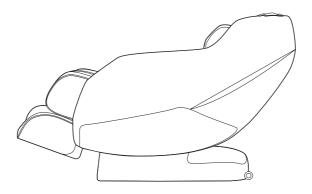


• Plug the other end of the cord into a wall outlet.

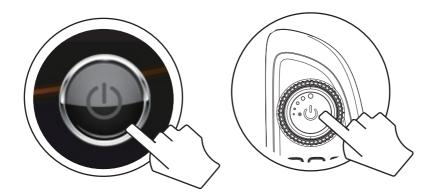


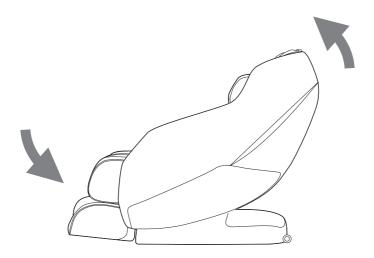
OFF

?Double check to make sure there are no people, pets or anything within the range of backrest and footrest.

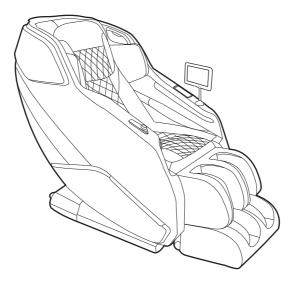


• Press **U** on the controller to stop massage, wait until the backrest and legrest restore to the original position.

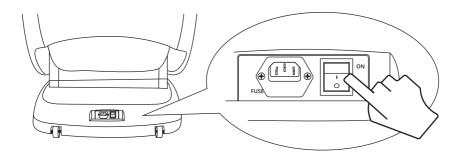




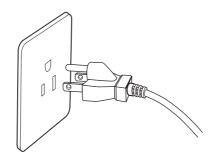
 $\boldsymbol{\cdot}$ Wait until the chair returns to the upright position.



• Switch off the power.



• Unplug the electricity from the socket to avoid any unexpected hurt to children or pets.



• Clean the chair if necessary.

7 CARE AND MAINTENANCE

STORAGE

- Please power off the chair and unplug the chair from the power supply socket when the chair is not in use, to avoid children to start the chair accidentally.
- Please disconnect the controller, store the chair carefully if is not in use for a long time.
- Do not dismount the hock of the chain.
- Keep the massage chair free of dust.
- Cover the chair with dust-free cloth to prevent dust from collecting. Do not store in a hot, humid, damp place or in direct sunlight or heat. Do not store in an overly cold places.

MAINTENANCE

Before cleaning, unplug from electrical source to avoid shock.

Synthetic leather

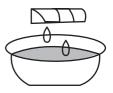
General cleaning

Clean with tidy, soft and dry cloth. (Chemical or medical cleaning products are forbidden)

If Synthetic leather is dirty

- Dip soft cloth into 3-5% neutral detergent solution, squeeze it then clean the stain on the surface gently.
- Wash cloth, squeeze it and wipe with detergent.
- Clean it softly with dry cloth.
- Allow to dry, do not blow dry.





Fabric material

- Dip cloth into weak neutral detergent, squeeze it and clean the material surface. (Diluent, gas, alcohol are prohibited)
- Brush the dirty parts tm with weak neutral detergent. (avoid excessive brushing)
- Excessive cleaning may cause damage to cloth material.
- Wipe with water-dipped but squeezed cloth.
- Allow to dry.

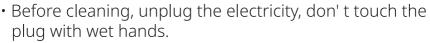
Plastic parts

- Dip cloth into neutral detergent, squeeze it and clean.
- Wipe with water-dipped but squeezed cloth.
- Allow to dry.

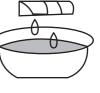
Clean the controller

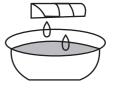
- Wipe with soft cloth after squeezing.
- Allow to dry.
- Propellant, diluent or alcohol are prohibited.

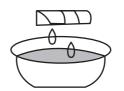
About cleaning



- Make sure hands are dry when plugging to the socket.
- Fail to follow these instructions may cause user to experience electric shock.











8 TROUBLESHOOTING GUIDE

KIND REMINDER

Please always check if the following phenomenons exist:

- If there is scorched smell
- If the power supply cord gets hot
- When touch the wire, the power is on, but sometimes off
- Other abnormal phenomenons
- If any of the above happens, please turn off power supply and contact the distributor or manufacturer for assistance.

TROUBLESHOOTING GUIDE

Problems/Issues	Possible Cause	Troubleshooting
Sounds like tapping or hum sounds	Sounds from air pump, motor or other mechanical parts.	Normal phenomenon.
Sound suddenly becomes much louder while work- ing	Check if it is due to long time working.	Turn off the power to have the massager rest for over half an hour before next turn working.
	Inner parts worn out from long use.	Please contact profes- sional technician.
Abnormal sounds	Overworking the	Cut down usage.
suddenly while working	massage chair.	Contact professional technician.

Problems/Issues	Possible Cause	Troubleshooting
Suddenly stops working	Bad power connection	Unplug and reinsert power cord to the chair.
	Auto program timers is up	Normal. Turn off the power to have the massager rest for over half an hour before next turn working.
Does not work after power up	Power switch is not turned on.	Turn power switch on.
	Bad connection between plug and socket.	Connection power cord again.
	Massage remote is not turned on.	Press power button on the remote.
	Have broken power wire plug.	Contact professional technician.
	Bad fuse.	Replace fuse.
	Control unit for functioning properly.	Contact professional technician.
Roller height changes	Rollers work alter- nately.	Normal phenomenon.
Cannot recline the chair	Obstruction-be sure that the chair is allowed enough	Stop chair opearion, and move obstruction.
	room to fully recline.	Contact professional technician.