

Reflex 3.0

SWD90067



Quick Start Guide

What's in the Box



Reflex 3 – Quick start guide



Band



Charging cable

Getting Started

Turn on the Band:

- Getting started with your Reflex 3.0 is super simple. When the band is shipped from the factory, it's charged and in shipment mode.
- To wake-up your Reflex 3.0, all you need to do is to charge it . Band comes to normal mode & you're good to go!

App Installation

Install the Reflex App

- Please download the “Reflex “ app from Google play store or Apple App store

Pairing the band

- Open the app and follow the on-screen instructions.
- App will search for the near by Reflex 3 band & display.
- Select FT_Reflex 3.0_34w3 and click start pairing.
- Band will show a pairing pin, enter the same on App & you will find pairing successful.



Note : It is recommended to keep the band close to phone.

Features



- Activity Tracker (Steps , Distance & Calories)
- Multi Sport - Around 10 activities
- Auto HRM
- Sleep Detection
- Timer , Stop Watch & Alarm
- Find your phone
- Music control
- Camera control
- Weather
- Sedentary Alert
- All Notifications

Product Specifications

Band	Dimension Case material Glass material Strap	PC ABS Silicon
Sensors	Connectivity Sensors Feedback	BLE 5.0 6 Axis Accelerometer , HRM Vibrator
Battery	Battery type Battery capacity Battery life	Li Polymer – Rechargeable 90mAh Up to 10 days
Water Resistance	Rating	IP68

Hazardous/Toxic substances/Elements

Component Name	Lead (Pb)	Mercury (Hg)	Cadmium (Cd)	Hexavalent Chromium (Cr(VI))	Polybrominated Biphenyls (PBB)	Polybrominated Diphenyl Ethers (PBDE)
PCBA Board	X	0	0	0	0	0
Outer Casing	0	0	0	0	0	0
Metal	X	0	0	0	0	0
Battery	0	0	0	0	0	0

The table was prepared pursuant to the provisions of SJ/T 11364.

0: Indicates that the content of all the hazardous substances in the homogeneous materials of this part is below the limit requirements specified by GB/T 26572.

X: Indicates that the content of all the hazardous substances in the homogeneous material of this part exceeds the limit requirements specified by GB/T 26572. The information provided in this table is based on the data provided by the suppliers. At current technology levels, the use of all hazardous substances is controlled to the minimum.

The product complies with ROHS requirements for environment protection. Currently there is no mature technology globally to replace or reduce the lead content in electronic ceramic, optical glass, steel and copper alloy.



The green lifespan - Environmental protection lifespan of the product is 10 years, and the label is shown in the figure on the left. The green lifespan for a replaceable part such as the battery may be different from that of the product. The green lifespan is valid only when using the product under normal circumstances described in the manual.

Disclaimer: Titan Company Limited has the right of final interpretation of this manual.

FCC Statement

FCC ID: 2AK9FSWD90067

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference.

(2) This device must accept any interference received, including interference that may cause undesired operation.

2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help. RF warning statement:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

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Federal Communication Commission (FCC) Radiation Exposure Statement

Power is so low that no RF exposure calculation is needed.

CE Statement

CAUTION RISK OF EXPLOSION IF BATTERY IS REPLACED
BY AN INCORRECT TYPE. DISPOSE OF USED BATTERIES
ACCORDING TO THE INSTRUCTIONS

If you use a third-party charger, the recommended output voltage/current of the adaptor is 5V DC/1A.,and the adapter shall be CE approval type.

This device is a low-power radio transmitter and receiver. As recommended by international guidelines, the device meets applicable national SAR limits of 2.0W/kg (10g).10g SAR: meets low-power exclusion level, SAR test is not required.

Bluetooth: BLE, 2402MHz~2480MHz

Max EIRP: -4.02dBm

Operating temperature: -20~45°C

Manufacturer: Shenzhen DO Intelligent Technology Co., Ltd.

Address: Floor 11, Building 3, Changyi Industrial Factory, No.1 Lirong Road, Xinshi Community, Dalang Sub-district, Longhua District, Shenzhen City, Guangdong, China

This product can be used across EU member states.

EU Regulatory Conformance

Hereby , Shenzhen DO Intelligent Technology Co., Ltd. declared that the radio equipment type (Smart Band – SWD90067) is in compliance with Directive 2014/53.EU.

The full text of the EU declaration of conformity is available at the following internet address :

<http://www.i-doo.cn>



Note on the accuracy of Activity tracker

Activity trackers are intended to be tools to provide you with information to encourage an active and healthy lifestyle. Activity trackers rely on sensors that track your movement and other metrics. The data and information provided by these devices are intended to be a close estimation of your activity and metrics tracked, but may not be completely accurate, including the step, sleep, distance, and calorie data. Activity trackers are designed to track repetitive walking motions as steps. Arm movement while walking will be captured by the internal accelerometer of the device, and will record each complete swing of the arm as two steps.

Note - Accurate user data (height) information provides better accuracy. Some activities may cause frequent arm movement resulting in the device recording too many steps:

- Driving a vehicle (usually due to rough terrain)
- A restless night of sleep

There are also instances where a lack of arm movement may result in a loss of steps while you are walking:

- Pushing a stroller or shopping cart
- Carrying a bag of groceries or child
- Talking on phone and walking

Activity trackers are not medical devices, and the data provided by them is not intended to be utilized for medical purposes and is not intended to diagnose, treat, cure, or prevent any disease. We recommend you consult your doctor before engaging in any exercise routine.